

WHAT EXERCYCLE DOES FOR YOUR BODY

Removes one serious cause of headaches.

Stimulates glands.

Makes chest expansion more complete.

Reduces waistline.

Stimulates liver activity.

Promotes digestive secretions.

Strengthens abdominal muscles.

Stimulates activity of the colon.

Stimulates gall-bladder.

Aids elimination.

Promotes circulation.

Reduces hips, thighs, buttocks.

