

1508-10 GRAND AVENUE

PHONE GRAND 1911

KANSAS CITY, MO. November 10, 1939

Dr. Forrest C. Allen, University of Kansas, Lawrence, Kansas.

Dear Phog:

I read the article in the weekly Kansas City Star of November 8th, entitled "Training for High School Football", and I just want to say Phog, that I believe if every ambitious young athlete could read this article and absorb its doctrine, and live according to the system outlined by you this would make for a much better and cleaner world.

It is a great article Phog, and one thing in the article that struck me very forcefully was the fact that you live such a life yourself and stand out as an example to those under your training, of a clean wholesome life.

I think a lot of we older men could use some of your ideas in helping promote our physical and mental welfare.

Best wishes.

JRE.a