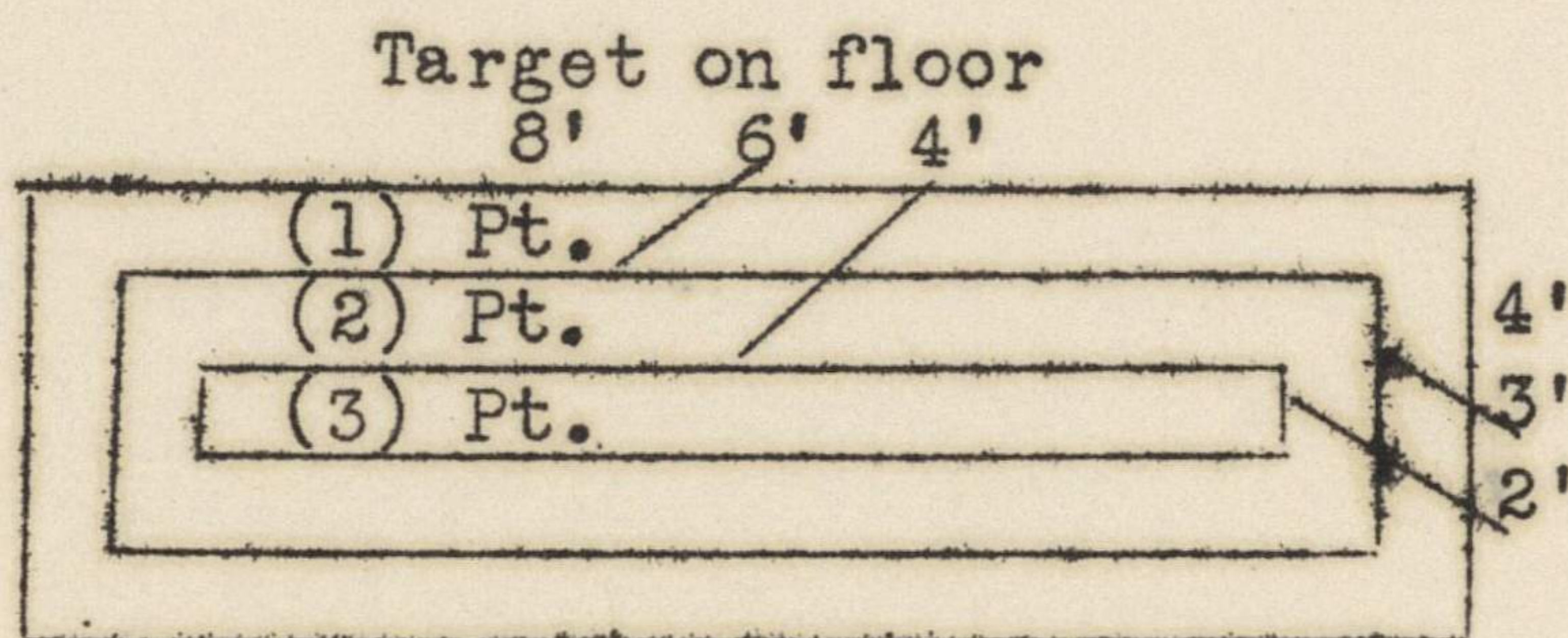


2. Lob Strokes

A. Overhead lob. (forehand) The bird is hit over a line 10' high to cross court. Person being tested moves from a position in opposite court 3 feet away from center line to next court to play the bird. He must not move until bird is started by tester. Overhead lob stroke must be used to hit bird at target in center of floor, four feet in front of baseline. The bird must cross the 10' line on its return to the target. Score five attempts.



B. Backhand Overhead lob--Repeat test four but reverse positions and use backhand overhead stroke. Score five attempts.

C. Underhand forehand lob--Bird must be hit below the waist. Use same target as in number four. The bird is hit by the tester over a five foot net beyond the service line. Score five attempts.

D. Backhand Underhand lob--Repeat number six but reverse sides and use backhand stroke. Score five attempts.

3. Smash

Target is placed on wall $5\frac{1}{2}'$ from floor and 12 feet away from start of the smash. Bird is thrown over 10' high rope to person tested who stands behind a 12 foot line.

