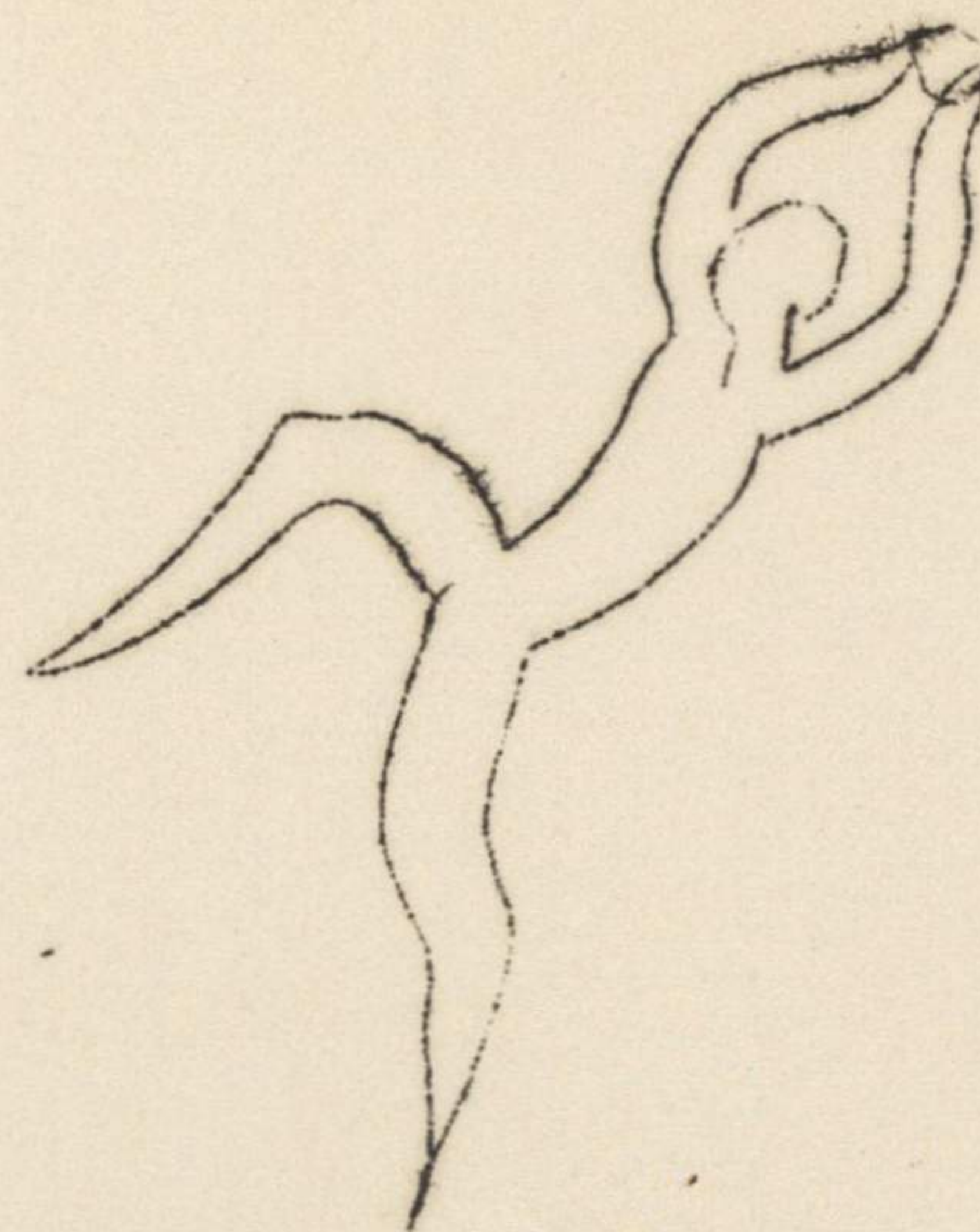
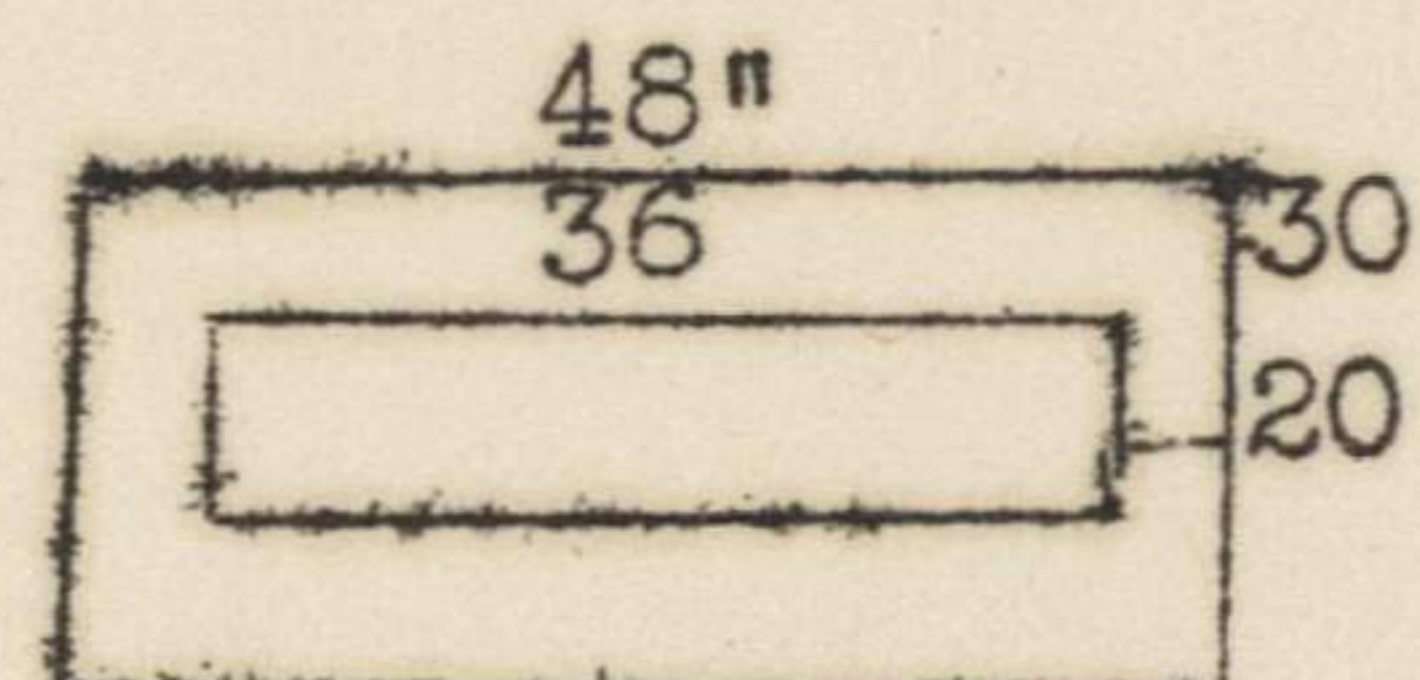


PLAYGROUND BASEBALL



1. Accuracy Throw

Equipment: A solid wall is used for the target and on it is marked a rectangle 30" x 48"; the lower edge is 20" from the floor. Inside of this another rectangle 20" x 36".



Underhand Test

The individual taking the test stands with the toes of both feet on the pitching line--30' away. He is allowed five throws using the regulation underhand throw.

Overhand Test

The individual taking this test stands on or behind a line 60' away. He is allowed five throws using an overhand throwing motion.

Score

Score two points for each throw which hits within the inner rectangle and one point for each throw which hits within the outer rectangle. A line ball shall be scored 0, 1 or 2 depending where the majority of the ball hit.

2. Batting

Equipment--1 16" ball. Indoor bat. Pitcher's mark 30 feet away from home plate.

Fungo Hitting Test

The individual being tested is given a ball and bat and five attempts to hit the ball into the air. While holding the bat on his shoulder he tosses the ball into the air and then tries to hit the ball before it touches the ground.

Score

One point for each successful fly hit.

Hitting Pitched Balls

The pitcher stands 30 feet away and delivers a legal underhand throw. The batter has five trials. He need hit only at good balls.

Score

Score one point for each batted ball striking the floor in the infield and two points for ball striking the floor in the outfield.