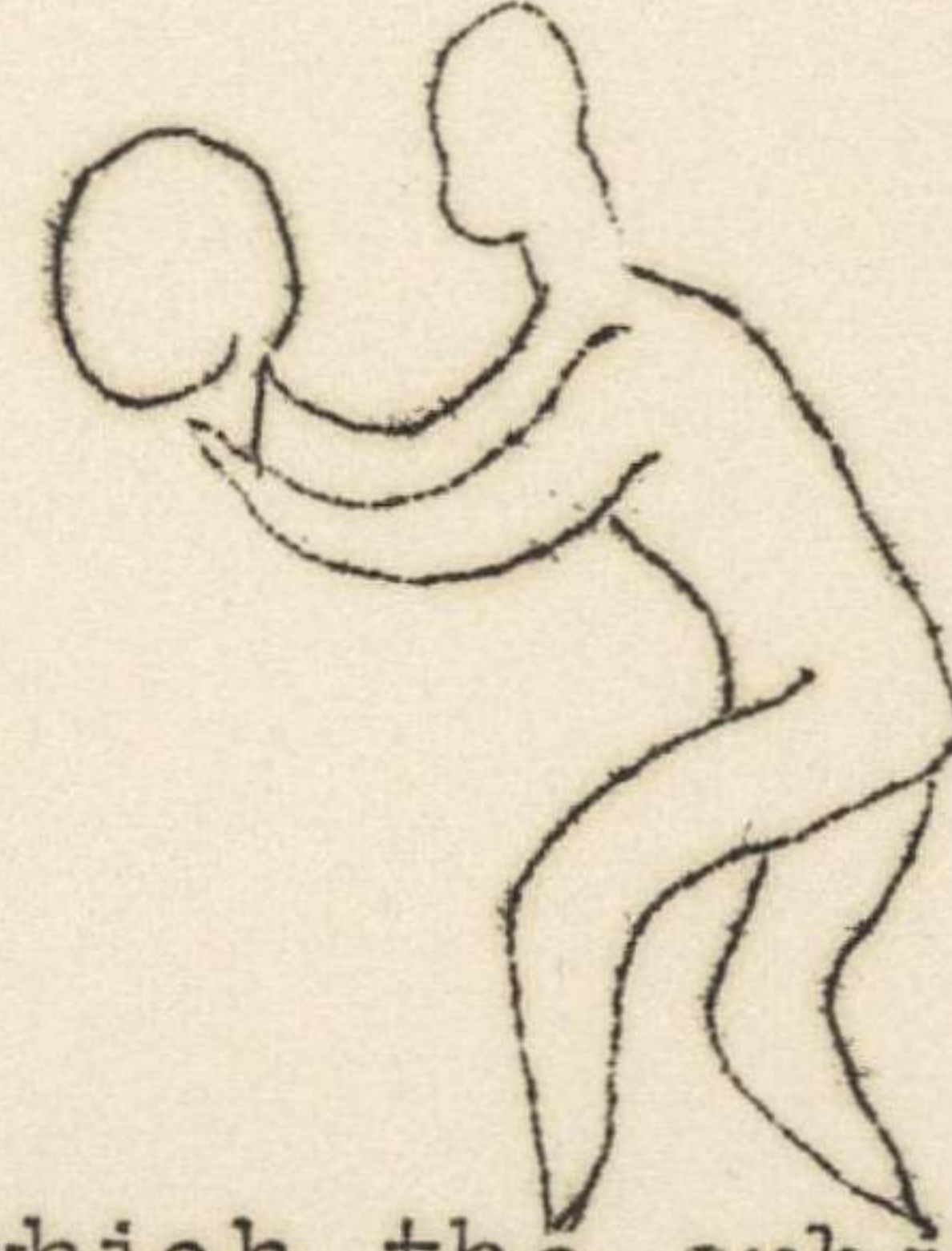


BASKETBALL



γ 1. Speed Pass (1)

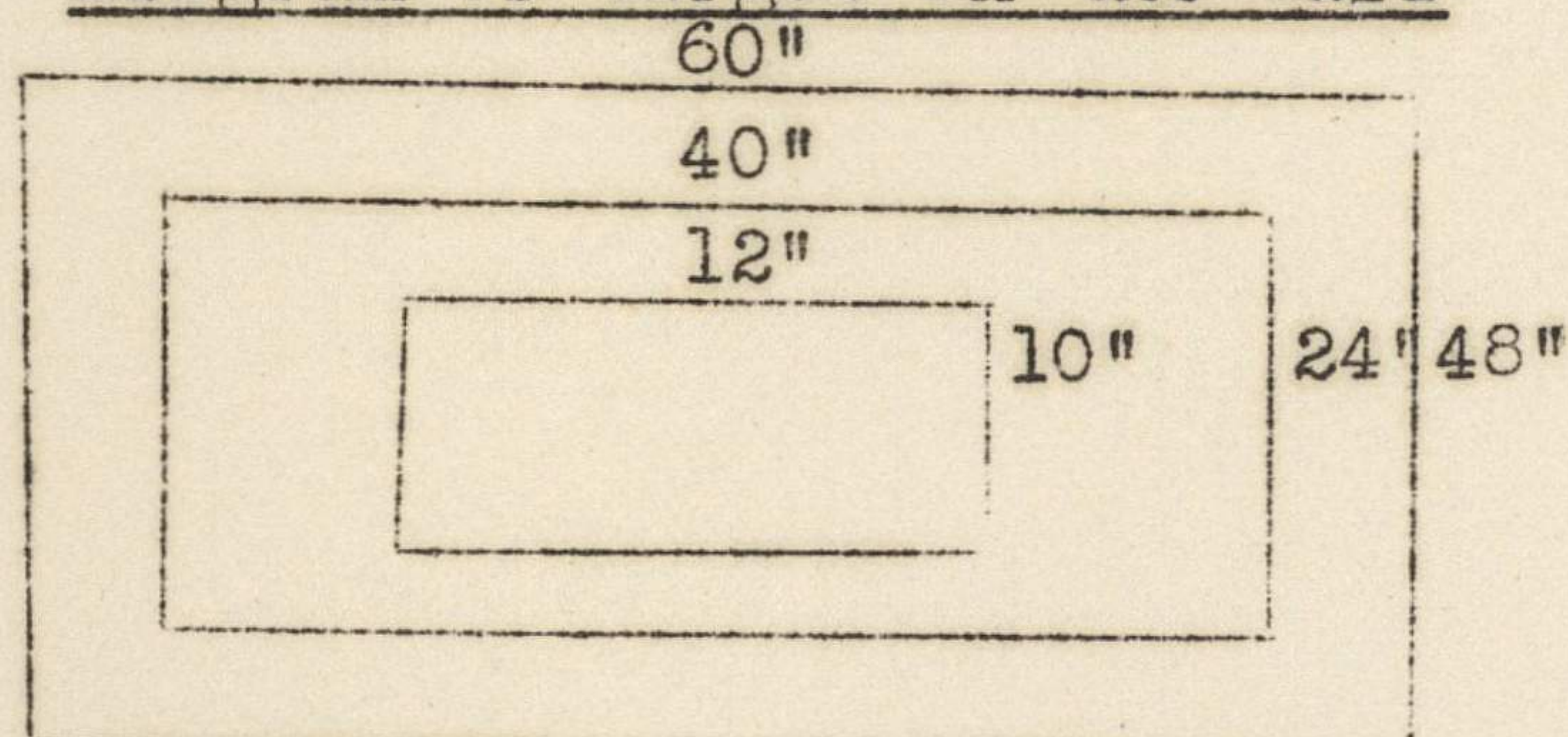
This test measures the rapidity with which the subject can receive and pass a basketball ten times against a wall. The subject stands behind a line eight feet from the wall and parallel to it. He passes the ball as rapidly as possible ten times against the wall. Time is started when the ball leaves his hands on the first pass and stopped when the tenth pass returns to his hands. The subject must not only stand behind this eight foot line, but must also receive and pass the ball from behind this line. Any kind of pass may be used.

γ 2. Accuracy pass (2)

This test is designed to measure the accuracy of the subject in using two different passes. The subject stands back of a line drawn parallel to a target. This line is fifteen feet from the target in case of the underhand pass and thirty feet from it in the case of the shoulder pass. Five throws are made with each kind of pass. The ball may be passed at any speed for accuracy alone is being tested. Passes are scored on the following basis.

Inner square or line marking it	-----	3 points
Middle " " " "	-----	2 points
Outer " " " "	-----	1 point

Diagram of Target on the Wall



This size target is used for it approximates the reach of an individual in catching the ball.

3. Speed Dribble

Even though speed is not always desirable in dribbling, the efficient dribbler is able to dribble with great rapidity. This test is developed to test the subject's ability to manipulate the ball around objects. The subject is urged to go as fast as possible but to keep the ball under control. The watch is started when the subject leaves the starting line at "A" and is stopped