

Date of Achievement	Exercise	C---Side Horse
1.	Squat Vault	
2.	Side Vault	
3.	Front Vault	
4.	Rear Vault	
5.	Wolf Vault	
6.	Straddle Vault	
7.	Thief Vault	
8.	Front scissors	
9.	Back scissors	
10.	Single leg circles (half)	
11.	Feint-rear vault dismount	
12.	Single leg circles (full)	
13.	Double leg circles	
14.	Side scissors over neck and croup	
15.	Neck spring	
16.	Left feint-double leg circle left	
17.	1. $\frac{1}{2}$ R.-R. $\frac{1}{2}$ L.-L. $\frac{1}{2}$ L. R. $\frac{1}{2}$ R.	
18.	R. Feint-R.-R. L. $\frac{1}{2}$ L. With vault swing dismount far side.	
19.	Screw vault	
20.	Left feint and double rear vault swing dismount	
21.	From stand, double rear vault mount to back rest on near side of saddle.	

#### D---Tumbling

1.	Forward roll
2.	Backward roll
3.	Dive
4.	Cartwheel
5.	Headstand
6.	Round-off
7.	Neck spring, Head spring
8.	Hand spring
9.	Hand stand
10.	Front somersault
11.	Back somersault
12.	Back handspring
13.	Back Bends
14.	Hand stand and "walk over"