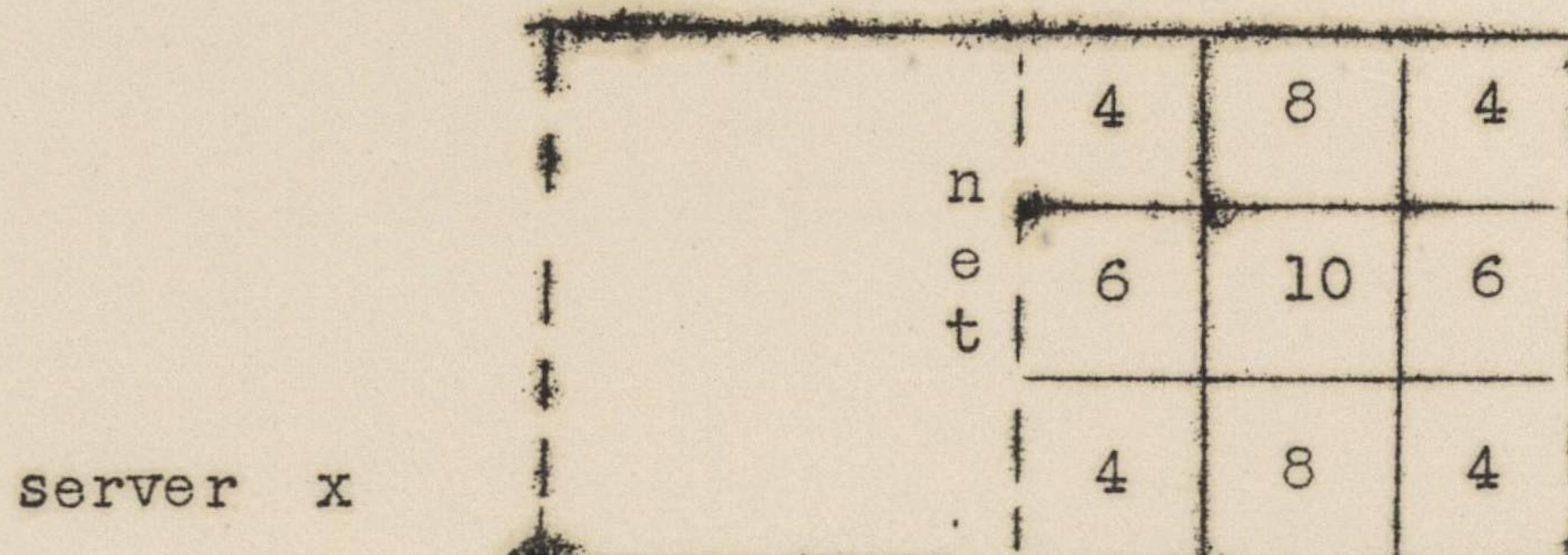


## VOLLEY BALL

### 1. Service Test.

Equipment: A regulation volley ball court, one-half of which is marked off in nine equal parts, of different numerical values.



### Underhand Serve

The individual being tested is allowed five serves over the net and attempts to **score** as many points as possible. The final score is the total of the five attempts.

Note: Line balls are determined in or out depending on which side of the line the majority of the ball lands.

### Overhead Serve

Repeat No. 1 test. The ball must be tossed in the air and struck at with a full over-head motion.

### 2. Passing Test

This test is made to test the ability of a person to pass a ball from back-court to a set up man at the net. The equipment needed: one ball, an assistant, a diagram on floor, with five separations, each 2 feet by 4 feet, and of different numerical values.

The ball is tossed from O to X and subject at X attempts to score a perfect pass. Five attempts are allowed. The subject must pass at an angle 6 feet from the lane of scoring.

