

U. S. NAVAL RESERVE RECRUITING AGENCY
202 FINANCE BUILDING
1009 BALTIMORE AVENUE
KANSAS CITY, MISSOURI

TO ALL V-7 APPLICANTS

Many applicants have been reporting to this office without the necessary physical requirements.

In order to save useless trips to this office, below are listed some of the physical requirements for enlisting in this Officer Training Program. There will be no deviations or waivers:

MINIMUM HEIGHT - 5' 5 $\frac{1}{2}$ " (barefoot)
MAXIMUM HEIGHT - 6' 4" "

MINIMUM VISION - 18/20 each eye, corrected to 20/20 each eye.

Any degree of color-blindness not acceptable.

Each successful candidate must have 4 opposing molars and 4 opposing incisors, 2 on each side of the dental arch.

WEIGHT (stripped) must be not less than 132 pounds regardless of height, and usually, men weighing over 216 pounds are not acceptable. It is suggested that if you do not meet these weight requirements, do not come here for examination until you have gained or lost the necessary poundage.

Many men have been turned down physically on account of driving to Kansas City from long distances, or staying up too late the night before. Get a good night's rest before the physical examination.

If you know you have any serious physical disability such as a heart murmur or any defect for which a life insurance doctor would turn you down, it would be useless to come here.

NATHAN YOUNG
Lieut. Comdr., USNR., (Ret).

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