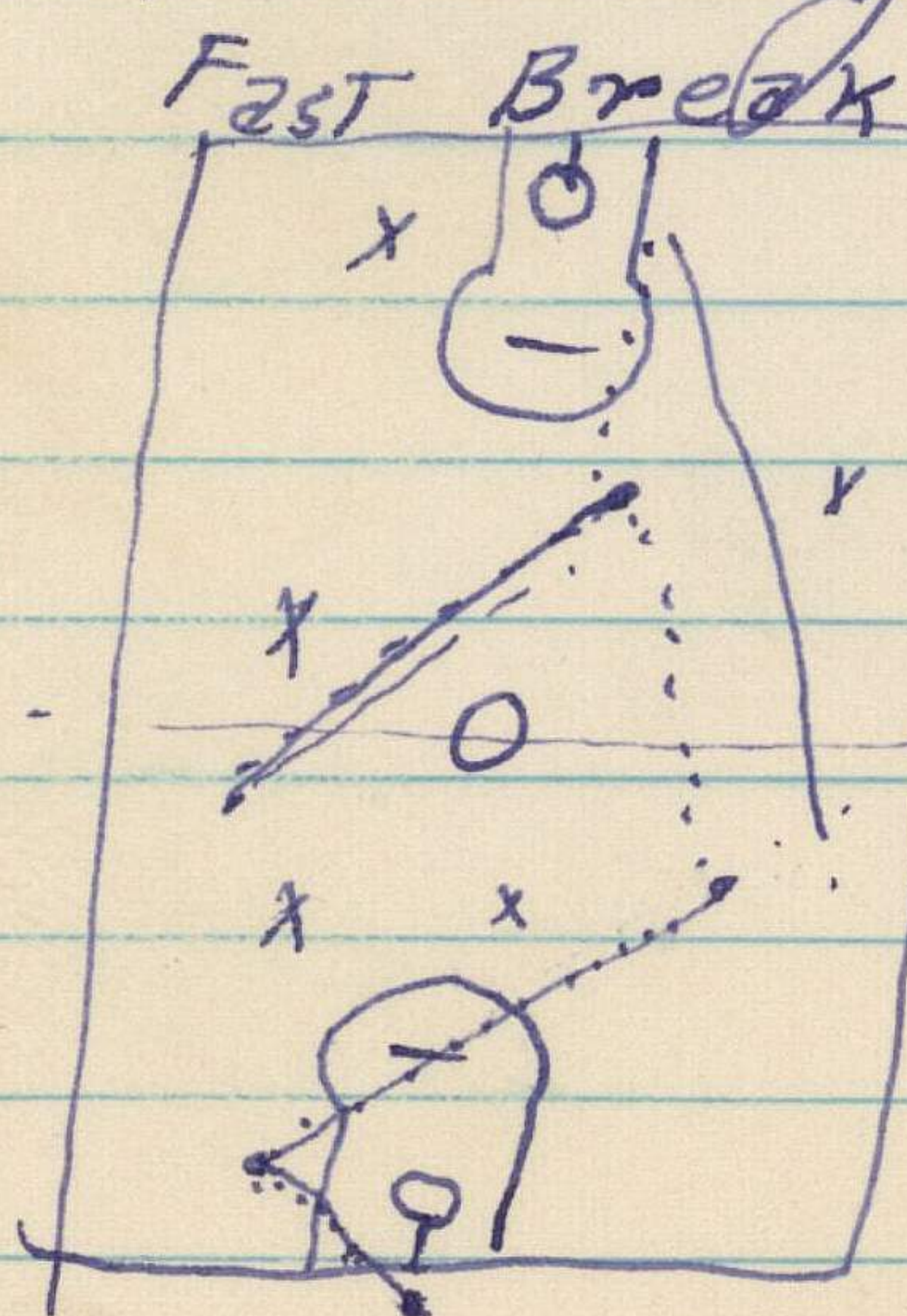


4) The real function of the dribble is to move the ball down the court. The dribble is to basketball what the broken field is to football. If the dribble is used correctly many baskets may be scored by driving in. Many coaches do not like to use the dribble. They say four men are idle while one man is busy.

5) The fast break should be used when you receive the ball in the opponents end of the court. When you are on defense & receive the ball they use the fast break till the opponents have the basket ~~start~~ guarded. After the opponents have the basket guarded then the team should use the set plays. The fast break is used the length of the court most of the time while the ~~defen~~ set plays are usually confined with one end of the court. By this I mean the fast break is usually used after your opponents have scored & are not yet set up for their defense. The set plays are used when the defense is set up. I think both are good & should be used together. I think the set plays turn out better basketball but the ~~offen~~ fast break is more exciting from the spectators viewpoint.



opponents are unable to get on defense. Pass quickly down the court.

