

If one player smokes beside getting out of condition, the other members of the team will object. They will say he smokes + we don't he shouldn't be allowed to play. I think no member should be allowed to break training. If one member does he is not playing fair to his coach, his teammates or his school.

10) Many basketball players get the flu because they are not in condition, after practice they shower + go out in the cold while they are still hot + not yet dry. They are tired after practice.

First I would see that every player had the right food to eat. I would do everything to keep them warm after practice + see that they don't go out in the cold air to cool.

If I had sufficient money I would buy vitamins for the players. I would buy those that build up energy. Those that build up resistance. - Vitamins are a type of food. Vitamins refer to foods that are essential to the body for health.