Golf trouble shots spell the difference between low scores and the heart breaking sevens and eights that send you on to the next tee with that "to heck with it" feeling and may cause you to play several sloppy shots before the zest of scoring returns to you. So for that alone, it is well worth your while to practice and take lessons on these tough recovery shots, for as you know when one comes out well and you see that look of pain on your opponent's face, the world is bright and you go on and on playing better even than you know how.

So let's try that one out of the deep grass on the slope of a sand trap, first we must stand unevenly our left foot is higher but we must try to get firmly set. The right foot is slightly advanced, in other words, an open stance so that the arms may clear the body and you can get a full follow through. You may not be thoroughly comfortable for you're not a mountain goat, but take your time and get set as well as possible for this shot must not be hurried.

Since the ball is deep in the grass open your blade slightly and hit down crisply and go on through fast. The grass between the ball and the blade will cause a bit of run so allow for it and practice this shot at least twenty times the next time you go out, no that you will perfect it that quickly but having practiced it — it won't give you those mental yips the next time you're in that spot.

############