

Lesson #1

THE GRIP

The first and most essential thing in golf is the correct grip of the club.

It will seem awkward at first, for it is radically different from any grip we have used heretofore on any other games. But if we are to gain even slight success we must persevere - awkward feel or not. If we do, we will find ourselves gripping correctly without any seeming strain in a remarkably short time. In fact several big league baseball players, who also play fine golf, tell me that sometimes they have to think first in order to prevent using a golf grip on their baseball bats - so natural does the golf grip eventually become.

First, hold the club in normal playing position. Then with the left hand grasp the club diagonally in the fingers. Note that the 'V' made by thumb and index finger is on top of the grip and points towards the right shoulder. Place the right hand, with the palm facing the objective, over the left. Close the grip so that the little finger of the right hand overlaps the first finger of the left. Again, note the 'V' formed by the thumb and index finger of the right hand on top of the grip. Sneak a look at your left hand's knuckles. Can you plainly see two or more of them when the club is in playing position? Now, look at your right thumb. Do not coil it around the grip, but rest it on top slightly over to the left hand side. Start to swing the club - do it time and again. Above all, for goodness sake, don't pay any attention to those first uncomfortable moments, for it will be comfortable in time.