

Lesson #3

THE STANCE

Much depends upon balance - which means your weight's got to be evenly divided with your legs not too far apart. Naturally this balance depends greatly on the golfer's physical build, and it is, therefore, most difficult to write intelligently on this subject. Of course the best way to get started correctly is to consult your club professional.

The average short and stout person will get far better results if he uses an open stance but doesn't spread his feet too far apart; while the tall, lean golfer is better balanced and more relaxed with a fairly wide, square stance. That's where the difficulty begins - just where your point of balance is. To get the most power into your shot is something that cannot be self taught, nor can you expect to eventually find it by the trial and error system.

The important thing you can teach yourself is careful alignment. If you will draw an imaginary line towards the distant objective, from a point on the ground a foot or so ahead of the ball and an equal distance behind it, and place your club-head directly back of the ball along this desired line of flight, before placing your feet, it will help you to avoid haste or carelessness and greatly improve your direction. Once your feet are correctly placed and you have aligned your shot, forget the imaginary line. Throughout the swing keep your head still and your eye on the ball.