

Physical strength, particularly the strength in the hands and wrists, is so vital in acquiring great distance, and our physical differences are so great that I fear this lesson will be open to a storm of criticism unless I explain quickly. The distances recommended here are for the average golfer - such as the week-end player, but there is thought value here too for the club champion. So no matter what your club handicap is - REMEMBER:

The lofts on the clubs are not accidental but have been established by many years of research. Present day low-scoring confirms more or less that these lofts are correct.

No matter what your strength is, if each club is played correctly - that is, allowing the loft of the club to impart the trajectory intended - the differences in distance will not be great. The strong player will find his greatest advantages, in reaching these distances, to be that he can use a shorter better controlled back swing rather than force his strength.

So the distances indicated below are for that week-ender and are subject to adjustment by the persistent heavy hitter:

#2 Iron	175 to 185 yds.
#3 Iron	165 to 175 yds.
#4 Iron	155 to 165 yds.
#5 Iron	145 to 155 yds.
#6 Iron	135 to 145 yds.
#7 Iron	120 to 135 yds.
#8 Iron	105 to 120 yds.
#9 Iron	85 to 100 yds.

These are often knocked all cockeyed even by the week-ender who disdaining U.S.G.A. rules is overheard saying, "What did you use there, John?", and then with the usual male pride in his strength proceeds to take the same club and knock one inside of his big husky opponent's.

But that is only occasionally. Most of the time we under club and try to whale the hide off the ball and play the next one out of the asparagus.

So cast pride aside, if John has been hitting them farther take the next stronger club. When you think you can get home with a four iron - say 'get behind me pride' - take your three and hit the ball smoothly. I'll bet you you'll be on many more times than you're over, and the spinach patch will know you no more.