

players, I have developed Goal-Hi, a game that will undoubtedly find favor as a year-round indoor and outdoor sport or recreational activity for Americans of all ages.

"Goal-Hi is a healthful, interesting, and safe form of exercise and game for the little tots; an unexcelled lead-up game to basketball for the youngsters of junior high school age; a splendid year-round conditioning game for the high school and university basketball player; and unexcelled as an adjunct to the public or school playground where grown-ups as well as youngsters meet for fun, exercise, and healthful play.

"In Goal-Hi we use a circular court. The single Goal-Hi standard in the center of the court makes the basket a focal point of activity for all players, with little or no chance of the ball going out of bounds after a try for a basket. In regular basketball, with a rectangular court and with backboards and goals located very near each of the end lines, a large majority of short or missed shots are caused to go out of bounds, thereby breaking the continuity of play. The Goal-Hi court has, of course, a circular outside court line which determines the out-of-bounds area. Approximately half way between the out-of-bounds court line and the Goal-Hi standard is another circle which serves as the free throw line and also divides the court into two scoring zones. Baskets made from the zone between the free throw circle and the outer court circle count an additional point. A third (inner) circle of limited diameter encloses the Goal-Hi standard and is called the 'restraining circle'. In order to eliminate congestion around the standard, certain rules prevent attempts to score from within the restraining circle.

"Another noteworthy feature of Goal-Hi is that it exercises all of basketball's fundamental activities without consuming too much of the young players' energies. In regular basketball, the youngsters, shuttling back and forth from one end of the court to the other, subject themselves to over-fatigue.

"The rules of Goal-Hi are very simple. By means of an adjustable goal standard, which permits raising or lowering the basket to 8, 9, or 10-foot heights, the same Goal-Hi standard can be used by elementary, junior high school, or college teams. Goal-Hi fits into the public playground program perfectly, because instead of being limited to a team of