Section 4. A player shall not run with the ball, kick it, or strike it with his fist, nor shall he make a second dribble after having completed a dribble.

Section 5. When the ball is tossed between two players, neither player shall touch the ball before it has reached its highest point, catch the ball, or, after tapping it a second time, touch it again before it has touched the floor or ground, the basket, or one of the other players.

Section 6. A player shall not attempt a field goal if he receives the ball on or inside the restraining circle after a successful field goal or free throw, but must pass the ball out to another player.

## Penalty:

Sections 4, 5, and 6. Ball goes out of bounds to an opponent.

Play is fast; action sparkles with thrills and chills for every spectator, when the Varsity Squads play Goal-Hi.

