

## INTRODUCTION

By Dr. Forrest C. Allen, Director of Physical Education and Varsity Basketball Coach, University of Kansas, Lawrence, Kansas, and the originator of Goal-Hi.

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The new all-year-round game of Goal-Hi is a lead-up game to basketball. Basketball, the game that I have been associated with for over 37 years, is rated as perhaps the most popular sport in America today. When more than 80 million people each year pay to see a game there can be no question of its popularity. Unfortunately, that group of 80 million consists of spectators who, in the main, are content to sit on the sidelines and watch several thousand teams of only five players each play the game.

Knowing these things, and in view of the fact that basketball as we play it is an indoor sport limited to the winter season, and with an eye on that group of 80 million spectators whom I would like to see step across the sidelines and become players, I have ~~hastily~~ developed a game that I am hopeful will find favor as a winter and summer, indoor and outdoor sport or recreational activity among Americans of all ages.

The rules of Goal-Hi are very simple. The basket is the focus of activity for both the offense and the defense. Therefore, very few balls are caused to go out of bounds and the play is very rapid but is less fatiguing than the regular game of basketball where the teams shuttle from one basket to the other. A free throw following a foul counts one point. A field goal in the 15 foot radius circle scores two points, while a field goal between the 15 and 30 foot radius circle is valued at three points. This three-point