

A New Book on Track

George Bresnahan, Head Track Coach, University of Iowa, has just completed a new book on track and field athletics.

It contains 300 pages and 70 illustrations. It treats each track and field event in great detail.

It may be obtained from Mr. Bresnahan or from the publishers, C. V. Mosby Company, Saint Louis, Missouri.

For Scrubbing Your Training Room

For cleaning dressing rooms, showers, lockers and locker rooms, we suggest a solution of "Cresol Compound." This is a U. S. P. product and can be purchased almost anywhere. It comes in concentrated form and one ounce added to a bucket of warm soap suds used to scrub floors and surfaces acts as an antiseptic, deodorant and disinfectant.

There are many private brands which are trade names for this same product and are satisfactory—Lysol and Creolin are two which we know are standard.

Foot Odors

Smelly feet are sometimes caused by lack of circulation. In a recent case of a sprained ankle, odor was noticed after the first day, but as the ankle improved and the circulation was restored the odor decreased. In this case feet were washed daily—socks and shoes were changed each morning and the odor all came from the foot with the damaged ankle.

This leads us to just one answer—faulty circulation causes stagnant, inactive pores—therefore the odor.

If you have a man on your squad with chronic foot odor, look for foot troubles.

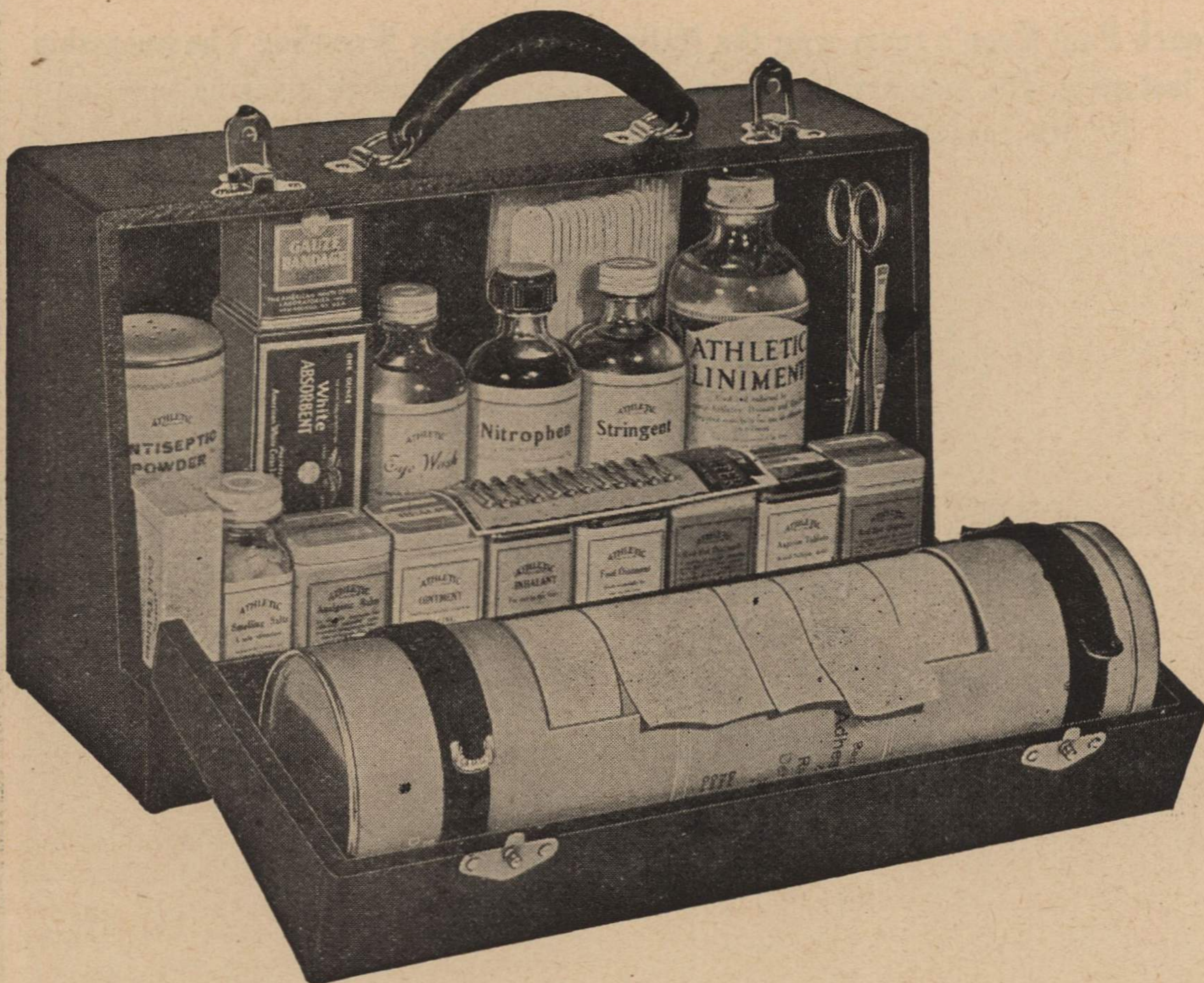
Bathing in warm water and massaging with Athletic Liniment will improve circulation.

Coach Lem Clark of Lanier High School, Macon, Georgia, says, "We use Cramer's Healing Ointment in treating all open wounds—it prevents the growth of a scab, and more than that, it lets the wounds heal without leaving a scar or any mark of the wound on the skin. We have been using it for the past few years with the same satisfactory results."

Cramer products cuts the cost of protecting your athletes.

If athletes want to play and cut up they are not over trained. On the other hand, if they are quiet, sulky or quarrelsome it is time to stop and think.

THE NEW CHIEF KIT



Special School Price, **\$9.25** Adhesive Tape
Equipped Not Included

Size 6½x14x8½. Shipping Weight 10 lbs.

This is the New Chief Kit. It is built solidly of wood-construction and covered with black keratol leather.

It is made so that the cans and bottles stand upright and are easily accessible. The ointment cans fit tightly into a compartment, which is closed when the lid is shut. When the lid is open—they are exposed and ready for use. The lid is made with straps at each end to hold a large roll of adhesive tape. Take the case in which the large roll of adhesive comes, cut a slot seven (7) inches long and three (3) inches wide. Re-thread the tape on the spool, so that 1 inch, 2 inch or 3 inch tape is exposed and ready for use.

CONTENTS

2 2 oz. Red Hot Ointment
1 2 oz. Healing Ointment
1 2 oz. Foot Ointment
1 2 oz. Analgesic Balm
1 pair Bandage Scissors
1 box Cold Tablets
1 1 oz. Smelling Salts
1 can Antiseptic Powder
1 pair Tweezers
1 oz. Cotton
1 doz. Safety Pins
1 doz. Applicators
1 4 oz. Nitrophen
½ pint Liniment
1 4 oz. Stringent
1 100 Aspirin
1 2 oz. Inhalant
1 2x10 Bandage
1 doz. Depressors
1 4 oz. Eye Wash

These special features have been combined to make a kit of distinction—one that is highly desirable for college and high school use.

Even though this kit is in the higher priced class, the sales are the largest in unit number, showing that its value far exceeds its cost.

IDEAL FOR FOOTBALL AND BASKETBALL