

General Programme of the Lingiad

Thursday 20th July 6.30 p. m.:	Ceremonial opening of the Lingiad with review and parade of all the participating gymnasts.
Friday 21st—Sunday 23rd July:	International Gymnastic Festival.
Monday 24th—Thursday 27th July:	World Physical Culture Congress.
Friday 28th July:	Excursions.
Saturday 29th July—Friday 4th August:	International Gymnastic Camp at Malma Hed (Malmköping 100 kilometres SW from Stockholm).

General Rules for the Lingiad

The Stockholm Lingiad 1939 is arranged by the Swedish Gymnastic Federation through a committee of organization formed for this purpose under the patronage of H. M. King Gustav V with H. R. H. The Crown Prince as its other Patron.

The Lingiad comprises an International Gymnastic Meeting, a World Congress of Physical Culture, and an International Gymnastic Camp, each in accordance with the special provisions stated herein. Acceptance of the invitation to take part in the Festival should be notified on the enclosed forms of application for participation in the Gymnastic Meeting, the Congress and the Camp, respectively. The Committee of Organization cannot assume any liability for, or contribute towards the expenses of the participants. Cheap accomodation and meals will be arranged for by the Committee, and information of the actual charges will be issued later. The Committee has further secured certain reductions in the travelling costs of competitors to and from Stockholm. The Committee reserves the right to make changes in the programme and the rules at any future time as circumstances may demand.