

Special Rules for the Physical Culture Congress

1. The Congress is being arranged by the Committee of Organization of the Lingiad in collaboration with Fédération Internationale de Gymnastique Ling.
2. The subject to be dealt with by the Congress is Modern Physical Culture, especially in accordance with Ling's principles in their modern form.
3. The programme of the Congress includes papers on scientific and technical subjects, practical demonstrations and discussions.
4. The deliberations of the Congress will take place partly at plenary sessions and partly at sectional meetings.
5. At plenary sessions questions of common interest concerning physical education will come up for discussion. In addition a review will be presented of the social health work carried on by the Swedish Gymnastic Federation.

At sectional meetings, which will be held at such times as not to interfere with the plenary sessions, the work of the Congress will be distributed as follows.

- | | |
|---|--------------------------------|
| 1. School gymnastics | According to Ling's principles |
| 2. Gymnastics for adult men | » » » » |
| 3. Gymnastics for adult women | » » » » |
| 4. Medico-Gymnastics | » » » » |
| 5. Gymnastics in accordance with principles other than Ling's, etc. | |
6. The languages used at the sessions will be English, French and German, in addition to Swedish, Danish and Norwegian.
 7. **Lectures, demonstrations and openings of discussions** will be given by persons specially invited by the Committee of Organization. Proposals by other persons attending the Congress to give lectures, etc. on any special subject will be considered if notification of such intention is made. Notification to this effect must be in the hands of the Committee before the 1st of January, 1939. It should be accompanied by a resumé or synopsis to enable the Committee to decide whether the proposal should be included in the programme, whereupon the decision will be communicated to those concerned before the 1st of February.
 8. **The contents of a lecture or address opening a discussion** (if extemporized a synopsis) must be sent in to the Committee before the 1st of March in any of the following languages, English, French, German, or Danish, Norwegian or Swedish, and will then be translated and printed in the three first mentioned languages, and one of the last three, for distribution to those attending the Congress.
These printed addresses will after the 1st of April be sent on request to intending participants in the Congress who wish to contribute to the discussion in question. These contributions, which must not contain more than 4,000 letters (about two typed foolscap pages) will be translated and printed as above for distribution at the Congress, but this can only be guaranteed if the manuscript is received before the first of June, 1939.
 9. Notice of intention to give a demonstration before the Congress must be sent in before the 1st of March, 1939.
 10. For individual participants in the Congress the fee is ten kronor (Sw. cr. 10: —), which must be sent in with the notice of intention to attend the Congress before the 1st of March, 1939.
 11. All attending the Congress will receive free tickets to all gymnastic exhibitions of the Lingiad in the Stadium.