

I am glad that you and Ruth are so happy. I know that she will make you a wonderful wife. I have always believed that she would enjoy housekeeping much more than office routine. She promised me that she wouldn't put you on any diet but rather would see that your chest expanded but your girth would not increase. She knows her vitamins.

I am sending you a copy of the athletes' diet.

I trust that everything is going nicely with you and the Mrs., and I am wishing for you the very best of success, health and happiness.

Very sincerely yours,

FCA:AH

Director of Physical Education and Recreation,  
Varsity Basketball and Baseball Coach.