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With the exception of last year's team, we have played a rather slow type of game and try to keep the ball a good share of the time. We find also that, to hold our opponents' score down, it is necessary to work a great deal on rebounding off both backboards. That, we believe, is one place where basketball games are won and lost.

Ninety per cent of our practice consists of from two to five players at one end of the court working against an equal number on defense. We believe offense and defense both can best be taught under game situations.

As I mentioned earlier in this article, our defense is ahead of our offense. We try to get along holding the opponents as low as possible and getting what points we can on the boys' individual ability. After seeing what they can do rather well, I try to place them in formations on the court where they will have opportunities to do what they can do well. That is the way that I have tried to build our offense and defense for the past few years.

As I am supposed to stress defense, I will list further two drills that we use.

The boys work in pairs, one man shooting from around the free-throw line or from a position farther out with a guard between him and the basket. The guard tries to force him to shoot, as he pulls away from the basket, in order to get the shot off, but at the same time the guard keeps in a position to stop him from driving by for close-in shots. If the man gets his shot off, the guard wheels and gets in position for rebounds from the backboard.

In the second drill, I place two guards on two offensive men and let them do everything that they can to score; they pass the ball out to me at the edge of the circle and I return it when they are open. The offensive men force quick trading of men, by cutting close or coming out farther, faking and driving in, or shooting, giving a guard every situation to cope with. The drills are about all that we work on to get our man-to-man defense going.

To me the big advantages of man-for-man defense are: 1. Responsibility is definitely placed on each man. 2. Men may be matched for size and speed. 3. One or two good defensive men can upset the offense of the opponents.

Versatile Offense Against Changing Defenses

(Continued from page 8)

can re-form and endeavor to make the play work on a succeeding try. It is to be remembered that the purpose of passing in and out of the zone defense is to flatten the defense, make it retreat, so that the offense can shoot over it.

Play 4, shown in Diagram 4, is the companion to Play 3. The offensive guard X5 passes the ball to X3 and cuts for the