

- (a) Positive Eugenics (Discussed Course 150)
- (b) Negative Eugenics

- (1) Laws restricting marriage
- (2) Selective mating (with idea of dilution of defects)
- (3) Segregation
- (4) Sterilization
- (5) Undesirable immigration

Program of Defensive Hygiene of Heredity

Every well informed person should have sufficient knowledge of what science has shown us about heredity to enable him to act intelligently himself and to participate wisely in the community's attempts to meet the problems arising from heredity.

A working program includes many things that can be done at once and some that are only possible with increased intelligent public opinion.

(a) Community program

- (1) Control of procreation of mentally deficient
- (2) Institutions and colonies
- (3) Exclusion of abnormal immigrants
- (4) Restriction of marriage

(b) Personal program

- (1) Knowledge of heredity
- (2) Pre-nuptial examination
- (3) Ideals of responsibility for reproduction of healthy germ plasm.

References: Storey---Defensive Hygiene, chaps. 2-6.  
Guyer----Being Well-Born, chaps. 8-13-19-20-23.  
Conklin--Heredity and Environment, pages 116-120 and 287 (5th ed)  
Bossard--Problems of Well-Being, chaps. 21-25.

DISCUSSION QUESTIONS:

1. If the statements of modern biologists and physicians as to the transmission of feeble-mindedness and insanity are true, how do you account for the great opposition to their social application?
2. Are the present day laws restricting marriage likely to influence markedly the reproduction of the unfit? Why?
3. If the upper grades of feeble-minded now segregated are sterilized and released, what other problem does it affect? How?
4. What would you include in a personal program of defensive hygiene of heredity and constructive program that would make for race improvement?