

(Course 153)

The health regulations and health conditions in the school system is entirely in the hands of the local boards of education. They must meet certain minimum standards established by the State Board of Education. Familiarize yourself with the health sections of your state school laws.

References: State and Local Educational Codes.

#### Health Resources of the School Group

The schools by their very nature and function can marshal great resources for the prevention of disease and the correction of physical defects. More important are their possibilities for health building.

1. Health instruction
2. Health training
3. Health service.

#### Health Liabilities of School Group

By the very nature of the composition of the school group, it involves certain health hazards. These can be neutralized if they are recognized and proper provision is made.

1. Communicable diseases
2. Unsanitary environment.

#### Environment of the School Group

The necessity for a child to spend such a large portion of his life during the growth period in the school renders attention to this aspect of school life of great importance.

1. Physical environment influences the health levels of the child at many points.

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|-----------------|---------------------|
| a. Lighting     | e. Sewage disposal  |
| b. Ventilation  | f. Food supervision |
| c. Seating      | g. Play space       |
| d. Water supply |                     |

2. Social environment. The mental as well as physical effects of the social environment is one of the real health factors in the school group.

References: Egbert, S. - Hygiene and Sanitation  
Newmayer, S. - Medical Inspection of Schools.

#### Health Service for School Group

The objective of the school health work should be normal, robust children free from defects and disease, with wholesome ideals built upon a groundwork of healthful habits.

1. Scope of school health work.