So glad to receive your very nice letter and may I at this time thank you for your very courteous consideration of

the reason for our asking that Ruth Dudley be excused from physical education. All her life Ruth has been unable to stand up to gymnastics and calisthenics. She has had low blood count and has had some thyroid trouble, however, at this particular time, her blood count seems to be up. We have had to get her excused from this type of exercise all through high school, even although she had tried it three different times. It seems that it brings about a state of complete exhaustion, and this, of course, reacts quite severely on her nervous well being. This is easy to understand, since as you know from your own professional knowledge, how easily people are affected who have any tendency towards a thyroid deficiency.

As I stated in my other letter, she is getting about six miles a day walking, and she seems to be getting about all that she can stand up to. Last Thursday, she came home from the Hill, and called her Mother and she was crying just simply because she was so exhausted. Now, you can readily understand that if this continues, we will be forced to take her out of school, and that in its self, would be rather a tragedy. So, under the circumstances, I would be very appreciative of any consideration that you could give us.

Again thanking you and with the kindest personal regards, I beg to remain,

Very truly yours,

Dr. Kent R. Dudley

KRD: cl