

HORSEBACK RIDING
FOR
PHYSICAL EDUCATION CREDIT

Both English and Western styles of riding taught.

50¢ an hour per student-----no extra fees for instruction

Gayle Mott-----Instructor

Each rider must get a permit from home which gives parents' consent, thus relieving school and instructor of undue responsibility.

Plan

A. Ride twice a week

1. Total of 32 rides per semester ----16 rides per quarter.
2. Excused absences must be made up by the end of each six weeks.
To be excused must notify instructor before class time .
3. Class meets for study when weather won't permit riding.
With privilege of hour of riding on nice day for each study class.

B. Three groups of classes

1. Beginners-----learn to feel at ease on horse
Three-gaiting
road and ring work
Simple drills
Tag and games- -(in trot)
English and western style of riding
and understand differences.
Saddle and bridle horse, and mount
unassisted
Have correct posture on horse
2. Intermediate
Master three-gaited riding
Bareback-----three-gaiting
Advanced drills--i.e. square dances etc
Low hurdles
Cross country riding--hills, timber, etc
Relays and fast moving games
3. Advanced
Show ring riding
Five-gaiting
Jumping
Simple trick riding
Judging fine points of horses and
horsemanship
Understand proper ways of breaking
and training horses in contrast
with rougher methods in practice
Driving

Those desiring it may form a class for

instruction word as required in summer camps

If they are competent and ^{able to} meet instructor's requirements.