

G R O U P III

Education for the Field of Physical Education

Prescribed and Elective Courses	Tentative allotment semester hours	Enter your suggested changes in this column
A. Prescribed Courses Group III - Totalling 43 semester hrs.		
1. Theory Courses Prescribed - Totalling 29 sem. hours		
a. applied anatomy (kinesiology)	2	_____
b. applied physiology (physiology of exercise)	2	_____
c. safety procedures (first aid and safety)	2	_____
d. physical inspection (physical examination)	2	_____
e. adaptation of activities to individual needs	3	_____
f. principles of physical education	2	_____
g. health education - materials and methods	3	_____
h. organization and administration of health, physical education and recreation.	4	_____
i. tests and measurements in health and physical education.	3	_____
j. Theory and practice coaching - intramural and interscholastic athletics.	4	_____
k. methods and materials in teaching activities, such as, stunts, tumbling, apparatus, dancing, play activities, and etc.	2	_____
2. Skill Technique Courses Prescribed - Total 14 hours		
a. aquatics, such as swimming, diving, life-saving.	2	_____
b. combatives, such as wrestling, boxing, fencing	1	_____
c. individual and dual sports, such as tennis, golf, handball, badminton, and etc.	2	_____
d. group games of low organization, such as relays, lead-up games, circle games, and etc.	2	_____
e. group games of high organization, such as football, basket ball, volley ball, soccer, soft ball, and etc.	3	_____
f. gymnastic activities, such as calisthenics, stunts, tumbling, rope climb, and etc.	2	_____
g. rhythms and dances.	2	_____
B. Additional Courses Group III		
3. Additional Theory and Skill Technique Courses to be selected from among the following as prescribed by crediting agency or curriculum director - Total 3 hrs.		
a. history of physical education.		_____
b. community recreation		_____
c. theory of play and recreation		_____
d. community activities, such as camping, scouting, club leadership, and etc		_____
e. water front activities, such as boating, canoeing, sailing, fly-casting, and etc.		_____
f. winter sports, such as skiing, skating, etc.		_____
Grand Total - semester hours in group III	46	_____

Is it your judgment that the necessary courses for adequate training in physical education can be gotten in a 4-year training period? Yes No

Would you recommend proceeding on a 5-year program immediately? Yes No