

Trick Shot Repertory

- 1-2.---alternate foul shots on left and right foot
- 3-4.---alternate foul shots with one foot behind the other toe to heel
- 5-6.---alternate foul shots with legs crossed over each other
- 7-8.---alternate foul shots with one hand with legs crossed
- 9-10.---foul shot on tiptoes---one-handed foul shot on tiptoes
- 11.----foul shot while standing on both heel
- 12.----foul shot with knees touching each other
- 13.----foul shot from half crouch position
- 14.----foul shot from squatting position
- 15.----foul shot one-handed from squatting position
- 16.----foul shot one-handed on both feet
- 17.----foul shot one-handed on right foot
- 18.----foul shot one-handed on left foot
- 19.----foul shot with both eyes shut
- 20-21.---foul shots with both eyes shut on the left and right foot
- 22.----one-handed foul shot on both feet with both eyes shut
- 23-24.---one-handed foul shots with both eyes shut on right and left foot
- 25-26.---foul shots on left and right knee
- 27.----foul shot on both knees
- 28-29.---foul shots one-handed on right and left knee
- 30.----foul shot one-handed on both knees
- 31-32.---foul shots with both eyes shut on left and right knee
- 33.----foul shot on both knees with both eyes shut
- 34-35.---alternate foul shots with knees crossed
- 36-37.---alternate foul shots one-handed with knees crossed
- 38-39.---forward and backward shots over the backboard
- 40.----sitting down shot while facing the basket
- 41-42.---lying down shot with two hands and then with one hand
- 43.----sitting down shot with back to the basket
- 44.----backward kneeling shot ten feet from the basket
- 45.----backward bending foul shot
- 46-47.---left and right side bounce-bank shots
- 48.----one-handed hook bounce under the basket
- 49-50.---left and right side bounce shots without using backboard
- 51.----two-handed bounce shot from foul line
- 52.----one-handed bounce shot from foul line
- 53.----kneeling down bounce from foul line
- 54.----overhead shot with two hands from behind foul line
- 55.----three-fingered shove shot from behind foul line
- 56.----underhanded lob shot with back to the basket from 20 feet
- 57.----bee-line pitch shot from circle tip
- 58.----backward hook shot from circle tip
- 59-60.---alternate circle shots on left and right foot
- 61.----one-handed shot from the circle
- 62-63.---alternate one-handed shots from the circle
- 64.----set shot series in a semi-circle around the basket
- 65.----forward pass shot from 40 feet away
- 66.----drop-kick shot from 18 feet away
- 67.----forward pass shot from 60 feet away.

Optional Trick Variations

- 1.----left-handed foul shot
- 2-3.---alternate left-handed foul shots on left and right foot
- 4.----extra high arch on foul shot
- 5.----bank shot off the ceiling
- 6.----one-handed pass shot over the girders
- 7.----one-handed foul shot while making a complete spin on left foot
- 8.----hook shot over left shoulder from 20 feet away
- 9-10.---alternate bank shots from either corner
- 11-12.---alternate one-handed set shots from either corner
- 13-14.---foul shots with left and right eye shut
- 15-16.---foul shots with left and right eye shut on left foot
- 17-18.---foul shots with left and right eye shut on right foot