Mr. Vance L. Hall,
Pueblo Junior College,
A.F.E.R. - W.T.S.,
Pueblo, Colorado.

Dear Vance:

Thank you for your very good letter written to me on Friday, April 2nd. You need not feel ashamed, Vance, because I know how busy you are and how difficult it is for a fellow to write when he has a few minutes leisure time. But I do thank you for your words of congratulation on our having a very good season this year. I am glad that it gave you a lift when you would pick up a paper and see that Kansas knocked 'em off once more.

I imagine old Pueblo is still a little cool, is it not? But it is interesting, I am sure, for the boys in service to move from place to place. After this war is over many of our boys will be very much traveled, and traveling is always broadening. I don't mean the hip and shoulder kind, but the mental and social training that a fellow gets meeting other people.

I am glad that you get a thrill every time you go in the air because when you have a sestful stimulus like that, this life is neither boring nor irksome.

I want to thank you again for your compliment paid me as to our having a possible winner. Each year I take a squad I am sure that this is the very year we will get knocked off, but I imagine as long as I have that feeling I had better bow my neck and work hard, and maybe we will have a better team than I innately speculate.

I certainly will remember you to Mrs. Allen. I was mighty happy to hear from you.

With all good wishes and kindest personal regards,

Very sincerely yours,

Director of Physical Education, Varsity Basketball Coach.



UNITED STATES ARMY

Dear Dr. Allen, I was just looking at your book, Better Basketball, and it reminded me that I am very much ashamed of nugself for not writing you somer and congratulating your for such on outstanding season. I followed the games closely and of must say it gave me guite a worderful feeling to pick up the paper and seeing the headhies read, foresas I am now at Pueblo, Balarado Hins again! taking the Link Instrument Course, after finishing here I will either go to an Anstructor refusher course or To the army Gransport Command. I am very happy with flying as I go up. still get a thill everytime I go up.



UNITED STATES ARMY

Please forgive me for not writing
you soover - again, conquatulations
you soover - again, conquatulations
Dr. I know you will always have
a winer as long as you coach.

a winer as long as you coach.

Thick best wishes to your and

Thick best wishes to your and

There allen, A am

Sincerely your

There Itall

THE KANSAS CITY STAR, SUNDAY, F

ALLEN IS NO. 1 COACH ating en-HELMS ATHLETIC FOUNDATION Na-REPORT HONORS K. U. MENTOR. sketwill The Tutor of Champion Jayhawks from Designated as "Greatest of All nici-Time"-Record Most Outstanding in History. ton, ects his (By The Star's Own Service.) LAWRENCE, KAS., Feb. 27.—Dr. ield Forrest C. Allen, whose University of Kansas Jayhawkers have won conthe Big Six championship again, heir has been named America's No. 1 basketball coach by the Helms Athletic Foundation. Dr. Allen was designated as "the the greatest basketball coach of all but time," in the collegiate basketball play record prepared and issued last week oped by the Helms Foundation of Los to Angeles, which contacted coaches Big and basketball authorities throughthe out the nation in quest of recomon mendations for "greatest coach" has honors. title A KANSAN BY ADOPTION. According to the Helms survey, conducted in 1942, the 57-year-old K. U. court mentor is credited with State the most outstanding coaching recouth ord in the history of the game. In heralding Allen as the "dean eyan, alpaof American basketball coaches," col- the Helms staff of research men uth-summarized the coaching achievetter ments of the K. U. personality, who, fair although born in Independence, Mo., is recognized as an "adopted son" of the Sunflower state in which he has coached athletics twenty-five years. ome As evidence of his remarkable sucthe cess, the Helms report first mentioned the two Missouri Valley ome championships captured by Allente's coached teams at Kansas in 1908-09, Ky. before the native Missourian took the over the athletic reins at Warrensnletic burg State Teachers college in 1913, will ue- where he won seven straight circuit crowns before returning to Mt. Oread in 1920 as athletic director and head basketball coach.

u-TITLES NOTHING NEW. ut In his uninterrupted tenure at K. rd U. of twenty-three years, Dr. Allen in gained national recognition for n strong defensive and high-stepping offensive aggregations. Since 1920 Jayhawker teams have won five Misouri Valley titles, 1923-27, after tying or- for the crown in 1922. Since the me formation of the Big Six conference 253 in 1929, K. U. won six undisputed Jap-loop championships and tied for top was laurels on four occasions. ring In addition to these conference 196 feats, the Helms research study .3 a emphasized the fact that Allentutored cage crews of 1922 and again ugh- in 1923 were chosen as the national ainst champions, and almost captured the title again in 1936, when Utah State snapped a 21-game winning streak in the Olympic trials. Also contained in the collegiate sa basketball report were seven Kansas most players, who under Allen's tutelage, hrow have been given positions on the alla out American basketball teams of the frim-Helms Athletic Foundation. ut of Ray Evans, a Kansas City, Kancent sas, youth who made all-American football honors last fall, is the most exrecent addition to the list of "all-John time basketball greats of Kansas." s a Evans was selected as guard on the the 1942 all-American team. it of CITE PAUL ENDACOTT. rious Other all-American choices by the erv-Helms foundation are the following Jayhawk basketeers: Paul Endacott. guard of 1922; Charles Black, guard of 1923-24: Tusten Ackerman, forere ward of 1925; Gale Gordon, forward, The and Albert Peterson, center, of 1926 819 teams; Fred Pralle, guard of 1937-38, his and Howard Engleman, sharpshoota ing forward of the 1941 Kansas outabfit. nen. Endacott has also been awarded to the distinction as one of the "ten greatest players of the Helms alltere time all-American selections." In addition the Jayhawker guard, now om vice-president of the Phillips Petrolthe eum company, was named as the

two "player of the year" in 1923. Black, who is no relation to the current Kansan forward, also was selected as the "player of the year" in 1924.

BARRY AMONG FIRST TEN.

While Dr. Allen was selected as the at "greatest basketball coach of all time," the Helms foundation named the following cage mentors among the first ten: Justin M. Barry, ion. Southern California; Claire Bee, 3200 Long Island U.; Osborn B. Cowles, 1 to Dartmouth; Clarence S. Edmunson, \$10 Washington; Nat Holman, C. C. N. Y.; Lon Walter Jourdet, Pennsylvania; the late George E. Keogan, Notre Dame; Ward Lewis Lambert, Purdue, and Dr. Walter E. Meanwell, ser, formerly of the University of Wis-Bill consin.

Hank Iba, mentor at Oklahoma A. & M., although not listed on the 3ell, first ten, was named among the iles, twenty-six ranking coaches of the dek, nation. Allen and Iba were the only aco, two coaches of the Missouri Valley schools to receive recognition.

Herber Bunker, guard of the University of Missouri, was the only other Missouri Valley basketball player mentioned in the Helms "Hall of Fame." Bunker was named on ton, the second team of the all-time all-American basketball selections. He played at Missouri in 1921, 1922, and 1923.

### He Still Knows How.

(By the Associated Press.)

IRONWOOD, MICH., Feb. 27.—Grover Cleveland Alexander, 56 years old yesterday, is expecting a call to return to baseball.

Alexander, former National league pitcher, declared he was ready to return to the mound and figured he'd be able to hold his own,



DOUBLE CONGRATULATIONS were following the University of Kansas triumph, 42-33, over the University of Oklahoma in Lawrence. Dr. F. C. Allen, whose Jayhawks captured the Big Six conference championship, is shown here congratulating Ray Evans, junior guard of Kansas City, Kansas, for his superb defensive and floor play. Evans, acting game captain, offered a handshake to his coach, for piloting the Kansans to their eleventh conference championship in the 15-year-old history of the Big Six.

rold

rake

rson City, Bob

nis. Tom nett. Vir-

ther ould Mr. Melvin L. Hayes, 524 North 4th St., Iola, Kansas.

Dear Melvin:

I am happy to reply to your favor of the 7th instant. I am heartily in accord with the program of every healthy individual walking at least three miles a day, and five if possible. Certainly no one can keep in good physical condition without using the large muscle group of the body. When you walk you "breathe with your legs". Walking, running, jumping, leaping, vaulting, climbing and orawling are the fundamental activities of the human animal.

The reason that so many boys have their knees and ankles injured in athletic contests is because the boys have practically quit using their legs and have resorted to the automobile in getting to school and the movies. When the legs are used in walking the large fundamental muscle groups are used, causing a muscular activity and thereby stimulating metabolism.

Metabolism is that process of building up and tearing down that is constantly going on in our bodies when we are active. Catabolism is tearing down and anabolism is building up. Both processes are known as metabolism. When the oxygen is depleted in the tissues after exercise it doubles carbon dioxide and other waste products. This stimulates the nerves to activity and causes a reaction which causes increased breathing and heart action. Oxygenated blood is pumped by the heart through the arteries and capillaries to the depleted area so that the tissues can be replenished with food and oxygen. Therefore, we build up by tearing down.

As the roots of a giant oak sends tentacles into the earth to fasten themselves around a giant boulder to make the tree more secure in its attachments, so do the ligaments and tendons attached to the rough bony prominences to make more secure the muscular attachments in our bodies. By developing strong muscles we are enabled to stand off the ravages of disease and old age much more effectively than when we fail to take regular systematic and fatiguing exercise.

No person should undergo stremuous or long fatiguing exercise until he has an examination by a physician. But if the vital organs are pronounced in good physical condition by a physician, an individual can exercise strenuously without hurt to themselves.

The confidence that one gets in long hikes through the woods and over hill and dale is necessary to our emotional stability. Good physical condition begets optimism, confidence and and a joyousness that we sorely need during our present emergency.

A good slogan for a fellow to have is "Breathe with your legs, keep your chin up, and walk on the sunny side of the street".

Very sincerely yours,

FCA:AH

Director of Physical Education, Varsity Basketball Coach.

524 N. Fourth St. Iola, Kansas December 7, 1942

Mr. "Phog" Allen Lawrence, Kansas

Dear Sir:

I am studying feature writing through the correspondence bureau of the University of Kansas. I am doing some research for an article on the merits of walking.

At the present time it seems patriotic for us to "get back on our feet again" whenever possible. I believe that it will not only help in winning the war for us to do that but that there will be a great physical and psychological benefit derived. I have heard people who live but a few blocks from their work remark "Believe you me, I'm planning to stay on wheels".

May I have from you a statement for use in my article of your opinion of the salutary effects to be derived by the American people if they will get out in the open and "hoof it" awhile?

Respectfully,

Melvin L. Hayes
Melvin L. Hayes

### THE ASSOCIATED PRESS

STAR BUILDING KANSAS CITY, MO.

JAN. 24, 1943.

DR. FORREST C. ALLEN, LAWRENCE, KAS.

DEAR PHOG:

OFFHAND, THE RESULT OF YOUR LAST NIGHT'S GAME SOUNDS AS THOUGH YOU MIGHT HAVE BEEN PINCHED BETWEEN A STALLING GAME AND A CRACKER-BOX GYMNASIUM.

THE PURPOSE OF THIS NOTE IS TO THANK YOU FOR COOPERATING

NEW YORK ASKED VIA THE WIRE THAT THE STORY--WRITTEN FOR THE PMS BUDGET---BE TRIMMED BY ABOUT 70 WORDS BECAUSE OF A HEAVY NEWS FILE.

FOR YOUR INFORMATION, I AM PASSING ON TO YOU THE TWO PARA-GRAPHS DELETED FROM THE STORY BY OUR NIGHT MAN:

(MORE)

#### THE ASSOCIATED PRESS

STAR BUILDING KANSAS CITY, MO.

ALTHOUGH BEMOANING THE LOSS OF THE FINALS BY KANSAS CITY, THE DOCTOR RELENTED FROM HIS I-HAVE-COME-TO-COLLECT-THE-RENT ATTITUDE LONG ENOUGH TO PLACE HIS QUALIFIED APPROVAL ON THE SELECTION OF NEW YORK.

HE COOED, I COULD SUGGEST ONLY ONE SLIGHT IMPROVEMENT IN THEIR NEW LOCATION. THAT WOULD BE TO MOVE THE SCENE OF THE GAMES JUST A BIT FATHER EAST---SAY ABOUT 100 MILES OR SO, WHEREVER THE ATLANTIC GETS, GOOD AND DEEP.

UNFORTUNATELY THE PART TRIMMED CONTAINED THE REFERENCE TO
THE MOVE FROM KANSAS CITY, BUT I DOUBT IF ANYONE COULD MISCONSTRUE
YOUR DESIRES ON KEEPING THE FINALS HERE.

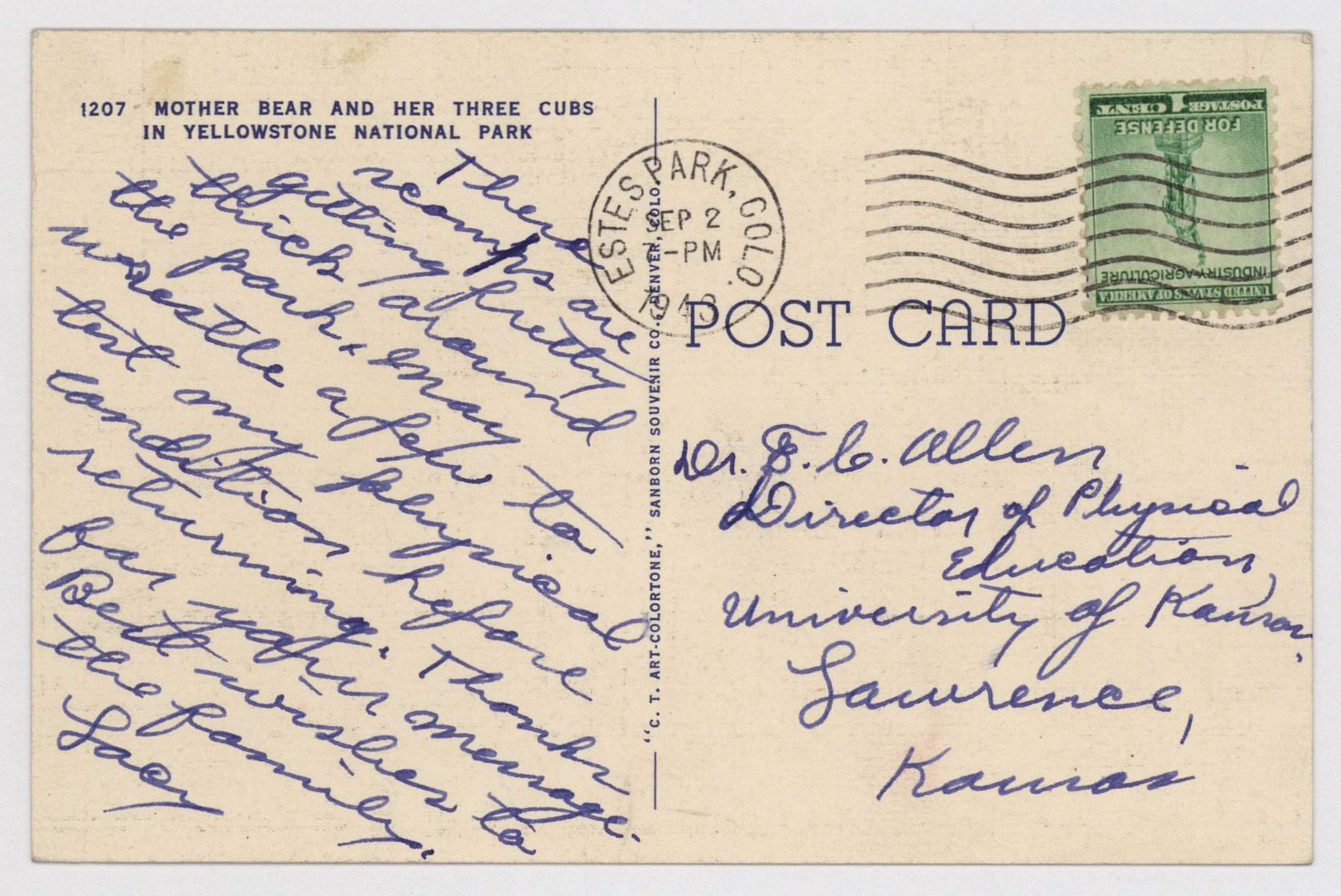
THANKS AGAIN, AND GOOD LUCK,

SINCERELY,

FRANK HOOD,

REGIONAL SPORTS EDITOR.





UNIVERSITY OF ILLINOIS DEPARTMENT OF PHYSICAL EDUCATION FOR WOMEN URBANA, ILLINOIS and a fait act 7, 1843 with all was last Dr. F.C. Cellen University of Kansas Raurence Kansas, Dear D. Allen, The report of no teachering until November and they teachering until hovember and their spectling. There is fully is rather up setting. There is surjusted to fossellety of the being given decring those fine works? Then Blin + Then Staffeton I thenk Their Blin + Then Staffeton should be notified at new so they con male their plans accordingly. I I had known this only a week earlier I could have stayed here and tenget the seemed eight luced term. but I timed it down effecting to have to be in laurence by sterling Joshool The summer has been lovely here both weather and goef.

Sel see you as soon as I get home. I have you have there you must be boving urth all these last menute changes. acoust Sex cerely Horrer Horrer

Miss Ruth Hoover,
Dept. of Physical Education for Women,
University of Illinois,
Urbana, Illinois.

Dear Miss Hoovers

We are in rather a dilemma and I think I should write you to give you the best information I have at the present time.

At a summer session Senate meeting the Chancellor explained to the faculty that some of the teachers would teach in the first five weeks and others of the faculty would not. But those who did not teach the first five weeks would be expected to teach through June to July first. Their salary will start at the beginning of the fall term.

Dean Lawson and the Chancellor have informed me that they thought no compulsory physical education should be required of the civilian students during the first five weeks. Under the set-up, I am forced to agree with them. Therefore, as I look at your schedule it appears as if you women folks will not have anything to do the first five weeks. Of course, this schedule applies to the men, also, but it does not vitally affect their activities as it does the women during the five weeks period. Before writing Miss Stapleton and Miss Bliss I thought I would communicate with you. Doubtless it will affect their plans also.

I realize that you will be back about the 10th and I can then go over this matter with you in person. But I wanted to notify you at the earliest possible moment. I have just talked to Dean Lawson over the phone. He met me Saturday at the postoffice and told me of the Chancellor's and his decision. I of course was thinking of this ruling and its application to men, but I called him to ascertain definitely about the women and he tells me this is so.

Trusting that you are enjoying your work and hoping we will have cool weather upon your return, I am

Sincerely yours,

Miss Jean Bliss, McParland, Wisconsin.

Dear Miss Bliss:

Hoover last week regarding the fall teaching schedule, and also a copy of her reply which came today. She, of course, is greatly disappointed at the news, but we notified Miss Hoover immediately as soon as we had the information from Dean Lawson.

I do not know of anything else I could have done under the circumstances.

I trust you have been having a pleasant summer, and hope to see you upon your return to Lawrence.

Sincerely yours,

Director of Physical Education, Varsity Basketball Coach.

FCA:AH

Miss Joie Stapleton, Camp Oak Openings, Saugatuck, Michigan.

Dear Miss Stapleton:

I am enclosing a copy of a letter I sent Miss Moover last week regarding the fall teaching schedule, and also a copy of her reply which came today. She, of course, is greatly disappointed at the news, but we notified Miss Hoover immediately as soon as we had the information from Dean Lawson.

I do not know of anything else I could have done under the circumstances.

I trust you have been having a pleasant summer, and hope to see you upon your return.

Sincerely yours,

Director of Physical Education, Varsity Basketball Coach.

FCA:AH

CLASS OF SERVICE

This is a full-rate Telegram or Cablegram unless its deferred character is indicated by a suitable symbol above or preceding the address.

# WESTERN (50) UNION

A. N. WILLIAMS

NEWCOMB CARLTON CHAIRMAN OF THE BOARD J. C. WILLEVER

SYMBOLS

DL=Day Letter

NL'=Night Letter

LC=Deferred Cable

NLT = Cable Night Letter

Ship Radiogram

The filing time shown in the date line on telegrams and day letters is STANDARD TIME at point of origin. Time of receipt is STANDARD TIME at point of destination

KAZ32 8=TULSA OKLA 30 941A

COACH DR F ALLEN=

1943 AUG 30 AM 9 59

\*HAD LETTER FROM T P DATED AUGUST 16=
\*MRS T B HUNTER.

30 Dr. 10.

TELEPHONED TO maller

T P 16.

Dodge City, Kansas August 19,1943

Mr. Forrest C. Allen
Director of Physical Education
University of Kansas
Lawrence, Kansas

Dear Mr. Allen:

This is to acknowledge your letter of August 5, 1943, concerning my enrollment at the University.

I greatly appreciate your interest in me. I will be glad to accept your invitation to call on you upon my arrival at Lawrence. I am looking forward to training under you for basketball.

Sincerely yours,

A amed E. Jenus Jr.

Mrs. T. B. Hunter, 1428 E. 20th St., Tulsa, Oklahoma.

Dear Mrs. Hunter:

Your wire which came this morning delighted me no end. I immediately called the Journal-World and gave them the story, and as soon as it appears in the paper we will send you the clipping.

We are all praying that T. P. returns victoriously.

Very sincerely yours,

FCA: AH

Director of Physical Education, Varsity Baskethall Coach.

Use typewriter, dark ink, or pencil. Write plainty. Very small writing is not suitable. In Forest C. allen 801 Laurang. Laurence, Kansus 4.5.9. Dear Facks:acyon can tell by the date of the activity in and about the mediterranean that ine are in the thick of it much Phoy! I certainly wont to thank you and his allue for your grand letter It came et a most apportune lune to spur one on. heavy in the letter I did not know. I was very glad to bear about Bot, Ir wait be long until bu joins the M.D. roule. Steve my regards to mutt- Isabel and Jame. I surface Ellens has married by now. I you so thrilled by her prano and bur advancing ability I do hape she never grove it up. I have run unto prantically noone ni This theatre of operation whom I knew tock home

Mr. George Hedrick, Lawrence Chamber of Commerce, Lawrence, Kansas.

Dear George:

I regret that it will be impossible for me to attend the meeting of the Board of Directors of the Lawrence Community Chest on Tuesday at four o'clock.

I have basketball practice on Tuesdays and Thursdays at 4:30, and since this is the only time the boys in the V-12 program can come out for this practice I feel I should be with them.

Very sincerely yours,

Director of Physical Education, Varsity Basketball Coach.

FCA:AH



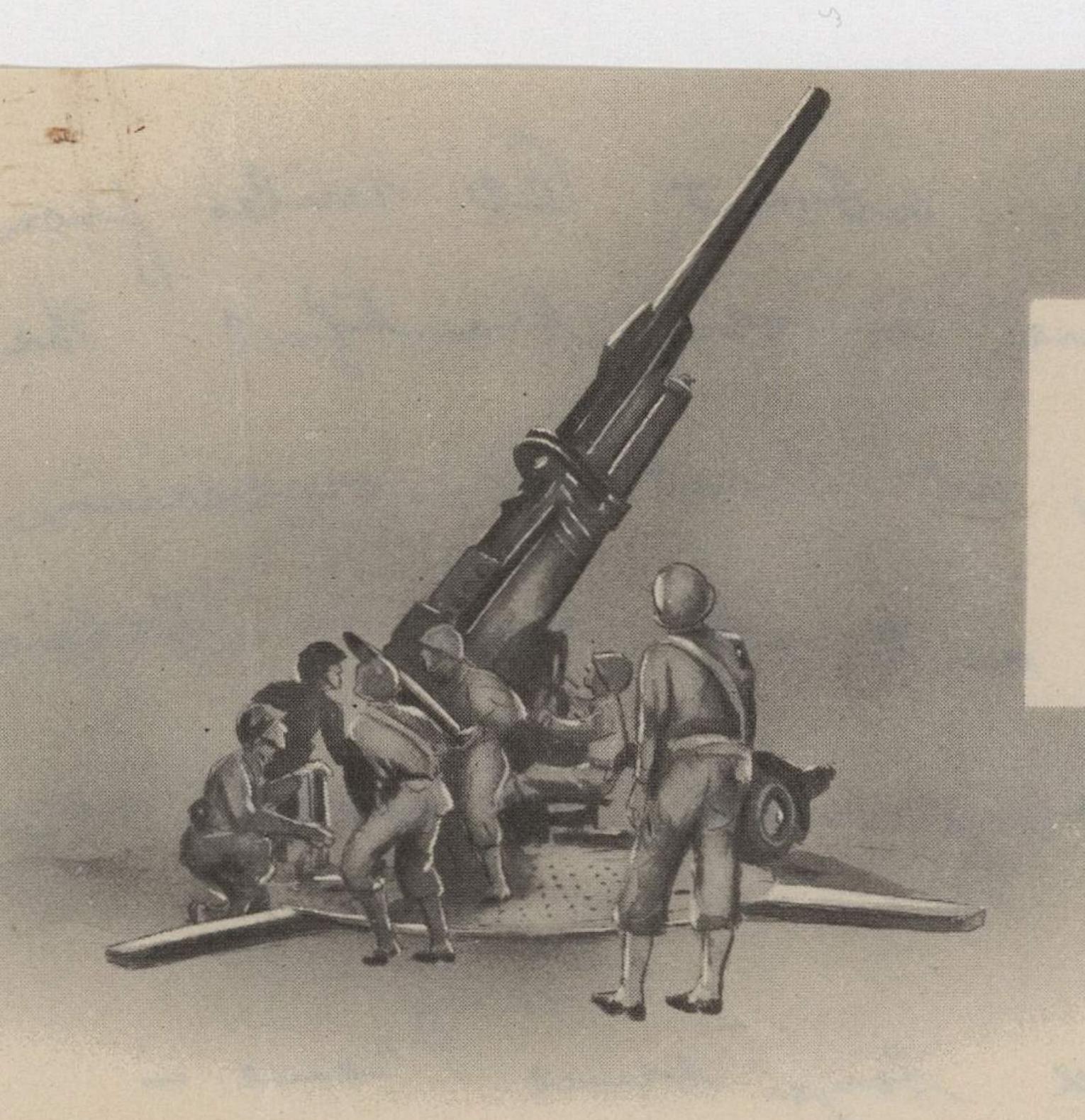
Dr. Forrest C. Allen Robinson Gymnasium, KU City

## TO: MEMBERS BOARD OF DIRECTORS LAWRENCE COMMUNITY CHEST

A meeting of the Board of Directors, Lawrence Community Chest, is called for Tuesday, August 24th, 4 P.M., Chamber of Commerce.

Action will be taken regarding organizations to be admitted in next year's chest and campaign plans discussed and approved. Blease make every effort to be present at this important meeting.

George Hedrick, Secretary



### United States Army Coump Douvis North Parolina

aug 3,1943

Dear Phoz:-Thanks very much for the copy of " fayhown Rebounds? When I saw Hoyt Baker som after arriving here he told me og your little publication and Ewas undeal gad to get a copy of it. Although I court qualify skone of the boye who have had the good forbune to compete under you, I'd appreciate very much receiving Jutine issues of the Rebound. Since I saw you that fine Lunday in Leavenworth I have been doing some traveling. From 74. Leavenworth I went back to Texas for about 2 weeks. - then to Camp Davis N.C. for 6 weeks. then to Orlando, 7 la. for 10 days, and then to Camp Edwards, where I arrived July 4. Mrs. Hitt , accompanied me through it all and we have certainly had a lot of fun together. This cause (She is living at present at West Falmonth, about 10 miles away) is situated on Cape Cod, about 60 miles from Boston and the country have is very beautiful. The weather here is quite cool, at least by comparison with Texas and Kansas, and its hard to believe that it is august. We sleep under blankets every Ine seen very few Ku bogs since I came in the army most of the Kausan men that I have met have been from Kausas State. But were all on the same side in this game. Hanks again for the Retorned. I think the frue competetie sport you metalled in your boge will make them fighting men of the highest Caliber - men that the nation and the University will be proud to honor. Best wither to mis allen and yourself from both of us. - Sincerely. CAPT JAMES K. H. TT 14158 AAAA

Principal, High School, Margaret, Texas.

Dear Sir:

We have had reports that T. P. Hunter, Jr., is missing in action. Since he graduated from your high school I thought perhaps you could find out something from his folks. We are very anxious to know more about this report, and I would appreciate it if you would write me anything you are able to learn.

He was one of our valued and honored members of the varsity basketball team for three years, and one of the most popular men on the campus of the University of Kansas. Of course you doubtless know that he was a lieutenant in the Marines in the push against the Japs in the New Georgia Islands.

Very sincerely yours,

Director of Physical Education, Varsity Basketball Coach.

FCA:AH

3,30

Major Maurice Clavelle Holden, Box 414, Carmel, California.

Dear Major Clavelle:

I was delighted to receive the announcement of your marriage to Miss Coovert. I congratulate you and wish for you a long, happy and prosperous wedded life.

I also wish to congratulate you on your majority. You certainly have done exceptionally well, and my fond hope is for your continued progression.

By the way, I have a brother, Col. Harry B. Allen, who is Commandant of the R.O.T.C. at Stanford University. If you ever get up the coast I know he would be delighted to see you. My daughter, Mary Allen Hamilton, lived at Carmel until last September or October. They are now residing at Palo Also, California. We have three grandchildren there. If and when you should get in that part of the country don't fail to say hello to them.

With all good wishes, I am

Very sincerely yours,

Director of Physical Education, Varsity Basketball Coach.

FCA:AH

Mr. and Mrs. Dean Johnson Coovert
request the honour of your presence
at the marriage of their daughter
Nancy Elizabeth

to

Major Maurice Clavelle Holden

Corps of Engineers, United States Army
on Saturday, the fourteenth of August

at half after five o'clock

Saint John's Chapel

Del Monte, California

August 5, 1943

Dr. F. C. Allen Director Physical Education Kansas University Lawrence, Kansas

Dear Dr. Allen:

I want to thank you for calling me the other day. Perhaps something of a permanent nature may develop later. However, I am definitely interested and want to be kept in mind.

At present I am most fortunate in every respect and would hesitate to venture too much in these times.

It sounds like you have some good men on your staff. Ray and Howard should both do a fine job. I know Howard was particularly delighted at the opportunity.

Any time you are in Kansas City we would like you to drop in if you have time. Also, we would appreciate any bits of information regarding tests and measurements you might care to send us at any time.

Very truly yours,

SORAMBLE

S. R. Hukle

SRH: JS

Mr. Lacy Haynes, Estes Park, Colo.

Dear Lacy:

I assure you it was fine for me to hear from you. I did not even know you were sick. I had heard that you were indisposed but thought that old fighting attitude of yours would cause you to snap out of it. Mit told me that your secretary had called him and told about your illness, but somehow he had failed to tell me about it until I mentioned your name. I think I said that sometime I am going down to say hello to Lacy.

Mit said, "Don't you know that he is sick?" And then I called for Mrs. Haynes. The operator told me you were in Estes Park, and I thought, "Well, I will sure have a talk with that fellow."

Lacy, I am delighted that you are smart enough to get out of this doggoned hot weather and get in God's country where you can recuperate to the fullest extent. I am not complaining about the weather, but with all the countless irritations that you must have when you stay at home - well, it is just smart to get away.

Give my kindest regards to that splendid nurse that you have. If she doesn't get you well, then you are hopeless. I am hoping that Mary Jane and the Admiral are in their usual optimistic and friendly mood.

Withing you the best of health, I am

Sincerely yours,

Director of Physical Education, Varsity Basketball Coach.