

(Exercise and drill may be included only if the group is made up entirely of WAVES.) for activity of this kind, a weekly list must be sent to the WAVE Athletic Office by Tuesday following the week of the Activity.

b. When it is not possible to engage in activity at the unit a WAVE may be given 1 hour off from work a week, if the Unit Commander so desires, in order for her to come to a class or engage in other athletic activity on the base.

3. A time sheet system will be used for facilities on the base. Sign up at the place of the activity or muster with a class. (The individual chit system will not be used on the base).

4. Individual chits may be used for activities off the base. They must be signed by someone in charge of the activity. The chits may be secured from the Athletic Office before going into town or a slip of paper may be signed by the attendant - for example : bowling alleys, horseback riding stables. (chits must be deposited on Mates Desk by 1200 Monday following the week of the activity.

5. Medical or any other legitimate excuse should be turned in during the week physical activity is being missed.

6. The athletic classes as scheduled above are for the purpose of instructing WAVES who would like to improve their skill. This schedule will only last during the remainder of the Winter season. If a group of WAVES wish a class at another time or in another activity see the Recreation Officer and it will be arranged if possible.

RECREATIONAL FACILITIES ON THE BASE AT THE PRESENT TIME (FEB.-MARCH) THAT MAY BE USED FOR CREDIT IN THE 2 HOUR ATHLETIC ACTIVITY REQUIREMENT.

1. ARCHERY - Archery range across field north of WAVE handball courts.
Sign time sheet at archery range.
2. BADMINTON - May be played in gym at scheduled time for WAVE classes or when gym is not being used. Sign in gear room below the gym. Badminton may be played at units where a court is available. (A badminton league will be arranged in March.)
3. BASKETBALL - If you are not on an organized team come to gym.
Wednesdays at 1800.
4. BICYCLING - Maybe used for 1 hr. each week. Sign sheet in gear room at beginning and end of ride.
5. BOWLING - If you wish to enter the league check with the Athletic Office. Enlisted Alleys are open daily from 1200-1600 and Bowling in town may be used - obtain a chit.
6. DANCING - Dancing Class --- Rec. Hall.
7. DRILL - In units where WAVES alone drill.
8. EXERCISES - Classes as scheduled behind Bldg. 650.
9. FISHING - Organized fishing trips may be used. A chit must be signed by person in charge.