

Includes the elementary technic and skills necessary for tumbling, apparatus, track events, basketball, etc. May be taken for one semester in either the freshman or sophomore year.

9a. **ELEMENTARY HOCKEY.** Practice for the development of skill and knowledge of the fundamental technic, strokes, fielding, tackling, dodging; elementary strategy and tactics; position of the players, general rules of the game and team play.

9c. **ADVANCED HOCKEY.** Practice of advanced technic and strategy; umpiring practice and an opportunity to take examination for national umpiring rating. Prerequisite, course 9a or equivalent.

10. **SOCCER.** The fundamental technic of kicking, tackling, fielding, heading; strategy and tactics; position of the players; rules of the game and team play.

11a. **ELEMENTARY BASEBALL.** The fundamental theory of catching, throwing, batting, and base running; position of each player; elementary rules and team tactics.

11c. **ADVANCED BASEBALL.** Practice of advanced technic and strategy; detailed duties of each player; coacher; team organization, plays, signals; practice in officiating. Prerequisite, course 11a or equivalent.

12a. **ELEMENTARY MODERN DANCING.** An introduction to dancing based on natural technics involving exercise and control of the big body muscles, and balance dances taught with the aim of developing music appreciation and emotional expression; running, walking, leaping, elementary turns, torso exercises, and relaxation.

12c. **ADVANCED MODERN DANCING.** A continuation of the natural technic given in 12a; special attention to arm work, turns and more advanced phases of technic; opportunity for individual creative work; some German technic. Prerequisite, course 12a or equivalent.

13a. **FOLK DANCING.** Elementary; simple folk dances of all nations; American and English country dances emphasized; the folk element as it relates to peoples, customs and geography; polka, schottische, waltz, and simple folk steps.

13b. **INTERMEDIATE FOLK DANCE.** Folk and character dances calling for knowledge of more advanced technic; Russian, Hungarian, Swedish. etc.; the Mazurka, Polish step, advanced technics necessary for national dances. Prerequisite, course 13a or equivalent.

14a. **ELEMENTARY TRACK.** A study and practice of the different track and field events; an individual record of the performance of each individual; general knowledge of the rules for each event.

14c. **ADVANCED TRACK.** Continuation of the practice in elementary track; general knowledge of technique of the different events, with specialization of a few chosen events; individual record of performance. Prerequisite, course 14a or equivalent.

### **Co-recreative Courses for Freshmen and Sophomores**

41a. **ELEMENTARY GOLF.** For those who have never played. Fundamentals of stance, body position, grip, and swing. The work is confined primarily to practice.

41c. **ADVANCED GOLF.** A continuation of course 41a, designed to help those who have played the game. Theory and explanation of the form used by some of the outstanding players; tournament play; match and medal will furnish opportunity for actual play and experience in competition. Prerequisite, course 41a or equivalent.