

REFERENCE BOOKS

1. Bowen and McKenzie, Applied Anatomy and Kines
2. McCurdy and McKenzie, Physiology of Exercise.
3. Gould and Dye, Exercise and its Physiology
4. Steindler, Body Mechanics
5. Schneider, Physiology of Muscular Activity.
6. Grays or Cunningham's Anatomy.
7. McCurdy and Larson, Physiology of Exercise
8. Edwards, Anatomy for Physical Education
9. Carlson and Johnson, Machinery of Body
10. Zoethout, Physiology