

Knee Joint

A. Muscles

1. Popliteus

Origin: Outer side of lateral condyle of femur

Insertion: Above the oblique line on posterior surface
of tibia

Structure: Thin flat triangular muscle which forms lower
part of the floor of the popliteal space

Action: Flexion and inward rotation of knee

Innervation: Internal popliteal

2. Vastus externus

Origin: Anterior border great trochanter and linea aspera

Insertion: Tuberosity of the tibia

Structure:

Action: Extends the leg

Innervation: Anterior crural

3. Vastus internus

Origin: Inner lip of the linea aspera of the femur

Insertion: Tuberosity of the tibia

Structure:

Action: Extends the leg

Innervation: Anterior crural