Trapezius	Sup Cr. Line of Bone P. Oc Protub. L. N. Spinous proc 7th cer 12 Thoracic	Clav & Sp. of Scap		11th Cr 3 & 4 Cer.	Draws Head Backward Shrugs Shoulder
Latissimus Dorsi	Crest of Ilium 3 or 4 lower ribs 6 lower Dorsal Lumbar & Sacral Vertebrae	Bicipital Groove of humerus.	Long Subscapular		Draws the arm backward & downward & rotates it inward
Deltoid (Teres minor)	Clavicle Acromion Proc. and spine scapula	Shaft of humerus.	Circumflex (axillary)		Abducts and rotates humerus
Teres Minor	Ax. Border of Scapula	Gr. Tub Humerus aut Facet?	Circumflex		Rotates humerus outward & abducts it
Teres Major	Inf Angle of Scap -	Inner lip Bicipital Gr. of humerus.	Subscapular		Draws the arm down & back
Supraspinatus	Supraspinous Fossa	Gr. Tuber. Humerus.	Supra scapular		Supports the shoulder joint Raises the arm
Subscapulas	Ventral surface of Scapula	Lesser Tub. of Humerus.	Subscapular		Rotates head of the humerus inward
Infra spinatus	Inf Spin - Fossa	Gr Tub of Humerus.	Suprascapular		Rotates the humerus outward
Rhomboidens Minor	Sp's of 7 cer & 1st Thor	Root of the spine of the Scapula	5th cer.		Retracts & Elevates the scapula
Rhomboidens Major	Spines of the 5 upper Dor or Thor. Ver.	Root of the Spine Scap.	5th Cer.		Retracts & Elevates the scapula
Biceps Brachii	Long Glenoid Cor - Short Cor. Proc.	Tub of Rad Deep Fascia Fore arm	Musculo - cutaneous		Flexes & supinates the forearm -
Triceps 3 Heads Tri. Brachialis	Ext. & Int near musculo - spiral groove Shaft of humerus middle or long - Lower margin of glenoid Cavity	Olecranon process of the ulna.	(Musculo Spiral Radial)		Extends the forearm