

1. What animal so thoroughly exemplifies the habit of pretending to be lifeless in order to avoid attracting attention that its name is practically a slang word?
2. What other animals or birds do you know which practice this art of deception?
3. What animal do you know which slips up on its prey by very slow, stealthy movements?
4. What characteristic have you found to be depicted in many illustrations of early Persian, Egyptian, Greek, or Oriental drawings or sculpture, or of American Indian drawings and paintings?
5. Select any motor act which you perform rather frequently. Study your actions from the standpoint of waste motions and apparent causes of fatigue if it is long continued. If you perform it efficiently, how do you think you achieved this? If you perform it inefficiently, how could you go about improving it?
6. Find some chair which is uncomfortable for you. Why is it uncomfortable?
7. Have you ever worn clothing which was uncomfortable? If so, try to analyze the reason for this discomfort in terms of effect upon your movements.
8. Select some sport skill which you have learned recently. Write out the reasons which you know for the details of the technique which you were taught.
9. In driving a car with the driver's seat adjusted too close or too far from the wheel for a person of your size, where do you notice the feeling of fatigue?
10. Define kinesiology and give its general relationships to certain other sciences.