

The Central District American Association for health, physical education and recreation has tentatively accepted the invitation of Kansas and Wichita to hold the annual convention here in 1940. Kansas City, Missouri originally was to be the 1940 Central District host, but they have invited the national convention for 1942. The outcome of this invitation will determine whether Wichita or Kansas City, Missouri will be the host city for 1940. If Kansas is fortunate in securing this con-

vention many noted speakers will come to the state.

This five point plan is a partial list of activities of the association. These plans are not new. The statement of the aim and objectives for 1939-40 is merely a repetition of the Associations long term plan of school betterment. Health and Physical Education is very much in keeping with the modern trends in education if not the leader in the field.

Physical Education Curriculum for Boys
Chanute Senior High School
Reginald R. Strait, Director

Today one hears much of the new philosophies of progressive education, of living in a democracy, self-realization, preparation for living and the like. This is causing progressive schools to revise their methods, curricula, and techniques, suddenly coming face to face with the realization that some subject matter has been excess baggage and that it is necessary to revise subject matter for present day objectives.

In setting up a program of physical education it is very necessary to understand the philosophy that is back of all education, to realize that physical education is not a subject but a method or way of education, utilizing total body activities, to accomplish desirable mental, social, and physical growth.

Physical education offers great opportunities for the participant to act in situations that will stimulate mental, social, and physical growth. Giving him every opportunity to react to situations which will confront him as an adult in a democratic society.

If self-realization of objectives are to be reached it will depend on proper facilities, a definite course of study, and contact with the personality of a well educated teacher.

The best methods of teaching any subject are based on the laws of learning which require an interesting presentation of the material on the level of the ability of the pupil, adequate and repeated responses, and last, satisfying results to pupil activity.

The following program of activities is set up for high school boys in the Senior High School at Chanute. Physical education is required of all boys in the tenth and eleventh grade in Senior High School.

Classes are 60 minutes in length, meeting 5 times per week. The periods being divided as follows: 2 are given to health education, no text book is used but current health topics, safety education, rules of games, and motion pictures dealing with health topics are shown. 2 periods per week are given to the activities of the regular class period in the gymnasium or on the playground. 1 period is given to a new venture with us this year, co-recreation. Boys and girls classes meet together; no clothing is changed except shoes; and the following activities are used in these classes: Social mixers, grand marches, square dances, games of low organization, ring tennis, ping-pong, aerial tennis, volley ball, etc.

The regular class work centers around seasonal sports. We offer the following activities: Football fundamentals, touch football, soccer, volley ball, cage ball, Gymnastic and recreational activities, basketball, tumbling, wrestling, boxing, apparatus, track and field, softball, archery.

Each activity is set up in our course of study as a unit, the time allotment depending upon the class, weather conditions, etc.

The fundamental skills of each activity are set up and taught as the days sample lesson on the unit of football:

The lesson: 1. Fair catch and free kicks. 2. Value of scores. 3. Touchdown. 4. Try for point. 5. Safety. 6. Goal from field. 7. Touch-back.

Actual participation by all class members giving opportunities to develop skill and objectives.

Defective students, which have been selected by an examination given by an M.D., are placed in a corrective class.