

THE PHYSICAL EDUCATION CURRICULUM

We present herewith selected portions from the Physical Education Curriculum by W. R. LaPorte of the University of Southern California. This is a report of the work of the Committee on Curriculum Research of the College Physical Education Association assisted by hundreds of representative physical education supervisors throughout the United States. It is the result of nine years work and presents the outline for a program of physical education which is flexible and can be adapted to varying situations. It is the most thorough and wide spread study of the physical education program which has been made up to the present time. This

is presented with the hope that it will arouse the interest of, and be studied by, a great many people. It is a step toward the formation of a set of standards and activities for Kansas schools. The entire report, published in a pamphlet of 86 pages, contains a large amount of excellent material relative to physical education. It is published by the University of California and Press, Los Angeles.

The Curriculum Committee or officers the Kansas Health and Education Association will be very happy for any comments or suggestions in regard to this much needed development in Kansas.

TABLE II
PROGRAM FOR THE PRIMARY LEVEL (GRADES 1-3)

1. Rhythmical Activities.....	25%
Farmer in the Dell, Looby Loo, Mulberry Bush, Chimes of Dunkirk, Old Roger is Dead, The Swing, Carrousel, Jolly is the Miller, Oats, peas, beans, etc.	
2. Mimetics and Story Plays.....	20%
Animal imitations, mechanical imitations, athletic imitations, driving automobile, circus, nutting, firemen, cowboys, gathering wood, aeroplanes.	
3. Hunting Games.....	20%
Cat and mice, Jack be nimble, squirrel in trees, cat and rat, hound and rabbit, midnight, lame fox and chickens, etc.	
4. Relays.....	15%
Cross over relay, bean bag passing relay, stoop and stretch relay, eraser relay, tag the wall relay, etc.	
5. Stunts and Self Testing Activities.....	10%
Duck walk, rabbit hop, human rocker, crab walk, forward roll, frog hand stand, etc.	
6. Athletic Games of Low Organization.....	10%
Boundary ball, dodge ball, hand polo, kick ball, bound ball, etc.	
	Total 100%

NOTE: Descriptions of above typical activities will be found in most game books and elementary school manuals, such as Neilson and Van Hagen, Physical Education for Elementary Schools.

The time allotments indicated in percentages are approximate, merely to indicate the relative importance. These will vary somewhat with grade, --relays receiving emphasis from the second grade on,

and athletic games from the third grade on. In many cases the activities included under the several headings will be selected from the subject matter of a given unit of work or center of interest around which the entire program of a given grade may be centered. It is very important that the physical education activities be integrated with the rest of the program of this level.

TABLE III
PROGRAM FOR THE ELEMENTARY LEVEL (GRADES 4-6)

1. Athletic Games of Low Organization.....	25%
Basketball Type: captain ball, captain basketball, corner ball, line basketball, nine-court basketball, newcomb, six-court basketball, six hole basketball, quadruple dodge ball.	
Playground Ball Type: bombardment, bat ball, circle strike, end ball, fongo, hit pin baseball, long ball, one and two old cat, triangle ball, and work up.	