ing, self-conscious individuals who have somehow missed any avenue of self-expression. This weakness may have resulted from weaker physical condition, or it may have been the result of the individual never having discovered that his body represented an asset of great potential strength in his competition with others in the affairs of life. Effective use of the physical body coordinated and poised movements, and the ability to use the body in a variety of activities are the background of some of the strongest personalities in active leadership today. Mental poise and emotional balance are at home usually in a physique which is well developed, well trained, and which is versatile in its avenues of effective functioning. Any personality is weakened in proportion to its limitation in terms of physical expressiveness, and even though most of us cannot be champions, or even exceptional in any one thing, there is plenty of room for the person who has his physical activities well developed, and who has developed a physical and mental poise which makes him feel at ease in any society.

It Is Not Enough

The state convention is a wonderful stimulus to those of us who hope to be treading "school-houseward" down through the years. It gives us hope, inspiration, and determination to carry on in spite of all odds. It also puts us in contact with the leading people in our field and in those closely related to it. It gives us a chance to see our old pals and classmates again--men and women who may carry the marks of time, but who will live again with us those joyous college days, the trips and games, and the early days on the job. For these reasons along the state convention is worth the cost in time, in money, and in effort.

Truly, the state convention is a wonderful institution; however, when we really look at it, it is only the high spot in a year's full work. It represents the passing of another milestone in our progress towards establishing the whole field of health, athletics, sports, physical education, and recreation as a vital and dynamic part of the total school-community educational program. The in-between steps and events are of importance and consequence, too.

In order that we can visualize the approach to the state convention, let us reexamine the program that the association has attempted to carry out this year.

First, we are attempting to build a membership of five hundred men and women teachers and administrators. We all realize that if our programs ever are to achieve the recognition due them we must have the cooperation of the state superintendent's office, supported by legislation making physical education mandatory, and providing for adequate supervision through a state supervisor. With the majority of our colleagues united behind this common purpose we have a material voice in pressing our demands.

Secondly, the state association is undertaking a wide flung campaign to inform the parents, school people, and others of the true meaning and values of inherent in our program. Through the channels of radio broadcasts, bulletins, news stories, magazine articles, exhibits, and demonstrations we are reaching thousands of people with a message of information and education.

Thirdly, along the many organizations in the state dealing with problems related to child health and welfare, ours is one of the first to assume the lead in bringing about a trend toward cooperation in effort and coordination of programs. Our committee on coordination has done much to interest this association in others, and others in us. The day is coming when there will be a unified attack on the child welfare front. We will be out in the lead when that time does arrive.

Fourth, the bulletin issued by the Kansas Health and Physical Education Association is improving every year. It ranks very favorably alongside those published in other states, and with those of other related agencies. In recent issues the bulletin has not only stressed "newsie" news items and association information, but it has also brought much practical raterial into the hands of teachers.

Any great movement has at its beginning a group of hard driving, courageous, intelligent men and women. Our field is growing and is going to grow even more in the years to come. YOU are carrying on. Let's enlist more good people in the interests of the children. Today is the day to ACT--call on your friends to join and take a part in building a better program for all schools. ---Earl Kauffman, Jr., Topeka.