

and carry off the evening's program. The same evening exhibits may be shown which visualize safety education and personal and public health measures. These exhibits are a direct outcome of the regular class work. Another interesting form of the open house idea is to allow the parents and visitors to enter into the activity themselves, learning the skills and points of the games through instruction by the regular teacher or from student leaders. This serves to show the possibilities, the difficulties, and the fun in a way which cannot possibly be shown in the purely spectator type of demonstration.

Skill demonstrations are frequently shown to various small groups within the school. Emphasis is usually placed on the skills which will "carry over" into post-school recreational activities. Testing in various skills is shown to student groups and opportunity is given for self testing in a variety of skills.

Co-recreational evenings are gaining favor rapidly both in college and high school groups. New games and skills are demonstrated by a small group and then participated in by the entire group. Folk and social dancing have a large place in these evenings.

There are increasing numbers of studio recitals to present the original, creative work of students of the dance. Costume and lighting effects are reduced to a minimum.

Practically every issue of the current magazines in health, physical education, and recreation contain articles that open our eyes to the great number of possibilities for exhibitions and demonstrations in the field of physical education.

SOMETHING NEW FOR THE GYMNASIUM - THE GYMNASIUM SCOOTER

by

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With the idea of adding to the variety and novelty of the indoor program, the Winfield schools' physical education department has been using a new type of gymnasium apparatus, the Gymnasium Scooter.

The scooter is a square of wood or metal about one foot square, mounted on swivel casters, making movement in any direction possible. The student sits or lies on it in various ways and runs relays, does stunts, or plays games.

Games which have been successfully played on the scooters are:

1. Basketball, (played with a volleyball because of the difficulty of shooting the regular basketball from the sitting position).
2. A type of hockey, using a short paddle in the hand and a regular hockey puck.
3. A game similar to polo, using a round scooter for the ball. Variations of this game can be played by using a basketball or soccer ball.
4. Football. This is one of the most popular with the boys in the upper classes. A team is composed of five, or six, if twelve scooters are available. Almost everything that is done in regular football is done in this game.
5. Baseball, (Using a volleyball for the ball and batting it with the arm).
6. Tag of various kinds.
7. Keepaway.
8. Black man.
9. A game the students have named Scooter War. They dismount each other.

More than thirty types of relays have been run on the scooters. This is a fine method to use in large classes as it doesn't take very long to get a thorough workout on them.

Many stunts can also be done. It is possible to do the crawl stroke almost perfectly on them.

Winfield being a basketball town, the students prefer basketball above any other activity, but the games and contests on the scooters run a close second in popularity.

Because they develop muscles which need developing most, especially the abdominal, the scooters have met with the most hearty approval of the doctors in Winfield. A committee of doctors examined the scooters and activities possible on them and have given their approval of them as being a physiologically correct apparatus. This has done more toward putting across the physical education program with the people of Winfield than any other activity.