

October 27, 1938.

Mr. Earl Morrison,  
Salina High School,  
Salina, Kansas.

Dear Mr. Morrison:

I regret to inform you that we will be unable to secure Glenn Cunningham for the convention of the Kansas Health and Physical Education Association on March 25.

I find that Dr. Cunningham is to run in Chicago on that date. Of course, his contract here at the University gives him the privilege of entering certain meets.

I am sorry that he will not be available for our meeting on this date, as I believe he would have been a great drawing card.

Very sincerely yours,

Director of Physical Education,  
Varsity Basketball Coach.

FCA:AH



ORAN SHEARER, PRESIDENT-ELECT  
ALLISON INTERMEDIATE  
WICHITA

HENRY SHENK, VICE-PRESIDENT  
HIGH SCHOOL  
JUNCTION CITY

NATIONAL COUNCIL MEMBERS  
E. A. THOMAS, TOPEKA  
RUTH HOOVER, LAWRENCE

# Kansas Health and Physical Education Association

\* \* \*

HELEN G. SAUM, PRESIDENT  
KANSAS STATE COLLEGE  
MANHATTAN, KANSAS

L. P. WASHBURN, EDITOR  
KANSAS STATE COLLEGE  
MANHATTAN  
IRMA GENE NEVINS, SEC'Y.-TREAS.  
KANSAS STATE TEACHERS COLLEGE  
PITTSBURG

DISTRICT COUNCIL MEMBERS  
HELEN G. SAUM, MANHATTAN  
W. H. MIFFLIN, COFFEYVILLE  
ARDIS HILL, KANSAS CITY

October 25, 1938

Dr. F. C. Allen  
Kansas University  
Lawrence, Kansas

Dear Dr. Allen:

The Kansas Health and Physical Education Association is holding its annual convention in McPherson March twenty-fourth and twenty-fifth. At a recent executive council meeting it was suggested that we try to secure Dr. Glenn Cunningham as the main speaker for the athletic section Saturday afternoon, March twenty-fifth, at one o'clock.

I am writing to you, knowing that you will be familiar with the channels through which he is obtained, and asking that you see what you can do for the association in this matter.

I would appreciate the earliest possible reply.

Sincerely yours,

*Earl Morrison*

Earl Morrison  
Chairman, Athletic Section

EM:bm

*In Chicago*

*Keeler*



October 27, 1938.

Miss Helen G. Saum,  
Kansas State College,  
Manhattan, Kansas.

Dear Miss Saum:

I am sorry that we are unable to secure Glenn Cunningham for the convention of the Kansas Health and Physical Education Association on March 25.

I had hoped that this date would be free on his calendar, but I find that he expects to run in Chicago on the 25th. As you know, his contract here at the University gives him the privilege of entering certain meets.

I am sorry that we cannot get Glenn on this date. I am also notifying Mr. Earl Morrison who had written me asking if Glenn could be obtained.

Very sincerely yours,

Director of Physical Education,  
Varsity Basketball Coach.



ORAN SHEARER, PRESIDENT-ELECT  
ALLISON INTERMEDIATE  
WICHITA

HENRY SHENK, VICE-PRESIDENT  
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# Kansas Health and Physical Education Association

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ARDIS HILL, KANSAS CITY

Manhattan, Kansas.  
October 26th, 1938.

Dr. F.C.Allen,  
University of Kansas,  
Lawrence, Kansas.

Dear Dr. Allen;

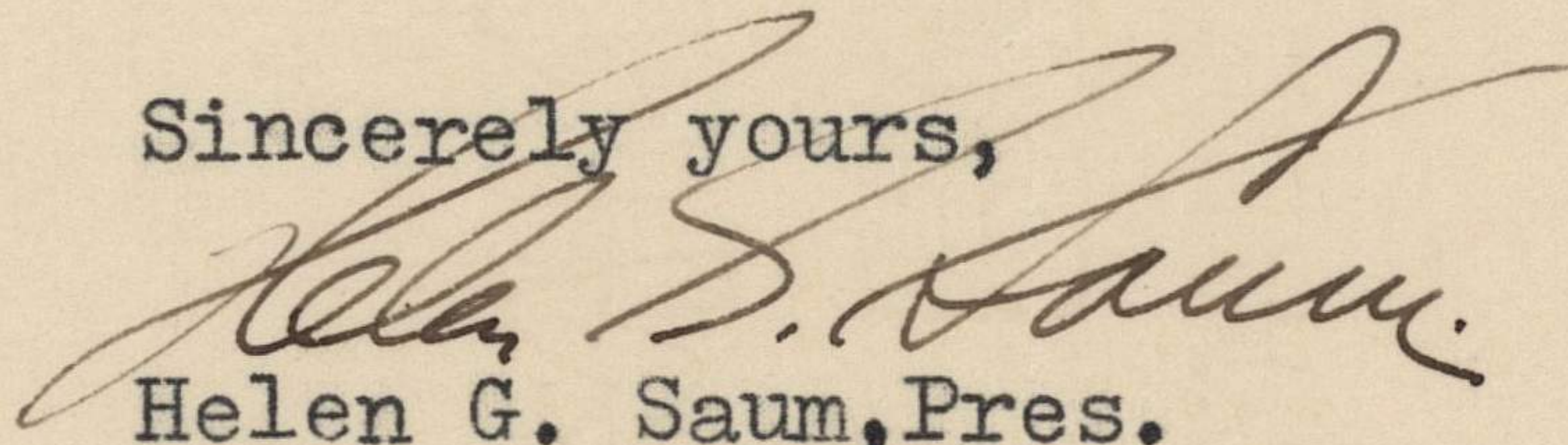
I was able to get K.F.K.U. tonight for your 6:00 P.M. broadcast although "Amos and Andy" were running you close competition from another station nearby. It is just the kind of program we need - information, suggestion and enlightenment for those who have no conception of physical education in the "educational" sense.

Thank you for your letter and the enclosures I do hope that the other radio stations will be able to contribute to the programs. It depends largely upon the person in charge - it takes someone willing to put the time and effort into the planning of interesting material.

I have received Dean Schwegler's acceptance to speak at the convention but Dr. Hertzler replied that he could not leave the hospital during the day. If we find it impossible to get the Humphrey-Weidman Group for Friday night, I shall plead with him once more to come for that session. I have written to N.P.Neilson, national secretary of the American Association for Health, Physical Education and Recreation inviting him to attend our meeting if he is in this section on his way to the National Convention in San Francisco April 3. If he comes, we should try to get members of the State Board, Mr. Markham, Dale Zeller and others to attend the meeting, as I believe his background and position would carry some weight with them.

Thank you again for your fine work on the Radio Publicity. When we have able people like you on the Council, there is no reason why the association should not do something outstanding this year.

Sincerely yours,

  
Helen G. Saum, Pres.  
K.H.&.P.E.A.



Lawrence, Kansas  
November 22, 1938.

Miss Hazel Cave,  
Kansas State Teachers College,  
Pittsburg, Kansas.

Dear Miss Cave:

I am very sorry that it will be impossible for me to attend the meeting of the Council of the Kansas Health and Physical Education Association on Saturday, December 3, at the Hotel Wareham, Manhattan.

On Saturday morning I expect to be in Kansas City for a rules interpretation meeting of the Big Six basketball coaches, and then in the afternoon we are conducting a clinic here at Lawrence for the high school coaches and players of this region.

Very sincerely yours,

Director of Physical Education,  
Varsity Basketball Coach.



## KANSAS HEALTH AND PHYSICAL EDUCATION ASSOCIATION

The Council of the Kansas Health and Physical Education Association met at the McCourt Hotel, McPherson, Kansas, Saturday, October 1 at 10 a. m. Meeting was called to order by the president, Helen Saum. Roll was taken by the secretary pro tem, Hazel Cave.

### Members present:

F. C. Allen	Earl Morrison
Hazel Cave	Helen Saum
Katherine Geyer	Oran Shearer
Merle Henre	Henry Shenk
Ruth Hoover	Fritz Snodgrass
Geneva Millet	Ralph Titus
C. S. Moll	L. P. Washburn

The minutes of the previous meeting were read and approved.

The treasurer's report was read and accepted. The balance on hand is \$157.66.

The matter of representation on the K.S.T.A. program committee, tabled last spring, was reported on by Miss Saum. Such representation would necessitate a change in constitution of K.S.T.A. Mr. Pinet wrote that the same results could be accomplished by contacting the President of K.S.T.A. with regard to our desires for speakers.

### Committee Reports:

Curriculum. Letters to members of the State Board of Education brought many favorable replies. The following persons were appointed to the Curriculum Committee: Edna McCullough, chairman; C. S. Moll, and Merle Henre. Numerous suggestions were made for arousing favorable sentiment among influential people toward a state curriculum in physical education.

Delegates to Central District Convention of American Association of Physical Education, Health, and Recreation. Miss Lyman made a formal report of the convention. Mr. Henre, as substitute delegate, submitted a number of interesting personal comments on high points. These reports are in the secretary's file.

Delegate to National Convention. Miss Saum read a letter from Earl Kauffman in which he promised a future report. He reported the change in name of the National Association. This brought up the question of a change of name of our state association. Mr. Washburn moved that the matter be tabled. Seconded by Mr. Snodgrass, motion carried.

Coordination. Miss Saum mentioned Mr. Hinman's report last spring of the fine response from those organizations contacted. It was the general consensus of opinion that representatives from these agencies should meet and reach some basis of agreement. The matter was carried over to another meeting.

Precedents. Mr. Washburn reported consideration of appointing as chairman of demonstration for state convention a person outside of the convention city. Merle Henre made the motion that Miss McCullough, as Chairman of the Demonstration Committee, prepare an outline to submit to person in charge of local demonstration. Seconded by Henry Shenk, motion carried.



K.S.T.A. Round Table Representatives from the Council:

Topeka - Mildred Huddleston	Kansas City - Merle Henre
Wichita - Oran Shearer	Hutchison - C. S. Moll
Salina - ?	Pittsburg - Hazel Cave
Hays - Elizabeth Barbour	Garden City - Geneva Millett (?)

Budget. Ruth Hoover made the motion that the budget be approved. Eva Lyman seconded the motion. Motion carried.

Radio Committee. Mr. Allen proposes that in each town where there is a radio station, particularly the college towns and those having larger high schools, a man and a woman be responsible for regular periods of broadcast. The following persons have been indicated:

Topeka - Mildred Huddleston  
 Manhattan - Katherine Geyer and L. P. Washburn  
 Pittsburg - Hazel Cave  
 Salina - Katherine Scheier and Earl Morrison  
 Kansas City - Merle Henre and Helen Barnett  
 Wichita - Oran Shearer and Evelyn Hinton  
 Coffeyville - Bill Mifflin  
 Garden City - Kenneth Brecheisen  
 Abilene - Marvin Van Osdol  
 Hutchinson - Mary Lou Clark  
 Dodge City - Ralph Churchill

Newspaper and Magazine Publicity. Merle Henre asked for suggestions as to how publicity could be gotten into the papers. It was suggested that persons of our own group belonging to other groups publishing magazines, use their influence.

Henry Shenk - The Kansas Teacher  
 C. S. Moll - Lion's Club and the American Legion  
 L. P. Washburn - Co-operatives  
 Eva Lyman - Parent-Teachers Association  
 Helen Hirni - American Association of University Women  
 Geneva Millett - Business and Professional Women's Club

Membership. Henry Shenk asked that the subject of membership be proposed before the Round Table of K.S.T.A. at the beginning of the meeting. It was suggested that a copy of the bulletin be ready for free distribution to those attending the meetings as a measure for arousing interest in membership.

Bulletin. Mr. Washburn emphasized the importance of every council member's sending in any items of news that would be of interest. Numerous suggestions were made for types of material for inclusion in the Bulletin. A change in cover and form of printing were also suggested. Henry Shenk moved that the budget for the bulletin be increased from \$25 to \$50. Oran Shearer seconded the motion. Motion carried.

Suggested program for the Association for the year. Miss Saum read a number of proposals for the program for this year.



Committee Appointments: Appointments for 1938-39.

1. Auditing Committee---Oren Shearer, Wichita---Chairman  
Alberta Bainbridge, Wichita  
Eva Lyman, Wichita
2. Publicity---Newspapers and Magazines--Merle Henre, Kansas City  
Radio--Dr. F. C. Allen, K.U.  
Convention--Oren Shearer, Wichita
3. Records---Mary Lou Clark, Liberty High, Hutchinson, Kansas
4. Registration and Information--Hazel Cave (Sec.-Treas.)
5. Budget--(Sec. Treas)
6. Membership--Henry Shenk, Junction City
7. Curriculum Committee--Edna McCullough, Emporia--Chairman  
Merle Henre, Kansas City  
C. S. Moll, K.S.C. Manhattan  
Eva Lyman, K.S.C. Manhattan
8. Chairmen of Convention Sections.  
Women's--Edna McCullough, K.S.T.C. Emporia  
Men's--C.S. Moll, K.S.C. Manhattan  
Athletic--Earl Morrison, Salina  
Public School--R.R. Strait, Chanute  
Student's Section--Geneva Millett K.S. C. Hays  
(Major Students)
9. K.S.T.A. Round Tables (Association representatives.)  
Topeka--Mildred Buddleston, Topeka  
Wichita--Oren Shearer, Wichita  
Hays--Elizabeth Barbour, Hays  
Kansas City, Merle Henre, K.C.  
Hutchinson--C.S. Moll, Manhattan  
Pittsburg--Hazel Cave, Pittsburg  
Garden City--  
Salina--
10. Precedents--L. P. Washburn and L.P. Dittemore
11. Nominating Committee  
Chairman-- L. P. Dittemore                      Ardis Hill  
Ruth Hoover                                      E. A. Thomas (Wm. Mifflin)  
Katherine Geyer
12. Improvement of Physical Education Curricula in Teacher Training Schools.  

<u>Women</u>	<u>Men</u>
Ruth Hoover, K.U.-----Chairman-----	C. S. Moll, K.S.C.
Edna McCullough, Emporia	Dr. F. C. Allen, K.U.
Geneva Millett, Hays	Dr. Weede, Pittsburg
Katherine Geyer, Manhattan	Dr. Earl Morris, Hays
Hazel Cave, Pittsburg	V. Trusler, Emporia
13. Committee for the Evaluation of Physical Education Programs in Public Schools--Kansas.  
Eva Lyman, K.S.C. Manhattan--Chairman  
Daisy Simpson, Emporia  
Merle Henre, K.C.



Appointments--1938-39

14. Convention Committees.

Convention Manager--Helen Hirni  
Social (Mixer and Dance)--Miss Warner, Miss Hirni  
Exhibits--Oren Shearer--Jo Rich, McPherson Junior High  
Hospitality--Major Students

Eva Lyman moved that a committee be appointed to work out suggestions for a state curriculum for professional training in physical education. Mr. Washburn seconded the motion. Motion carried.

Merle Henre moved that a committee be appointed to investigate the possibility of working out an evaluation of the present program of physical education in the Kansas public schools.

Motion for adjournment carried.

*Hazel Cave*

Secretary-Treasurer



## EXECUTIVE COMMITTEE MEETING

A meeting of the Executive Committee was called immediately following the adjournment of the Council. Miss Hazel Cave was appointed as Sec.-Treas. in absence for the year of Miss Nevins. March 24 and 25 were set as the tentative dates for the Association Convention.

There was considerable discussion regarding hotel accommodations. It was decided to use the Community House for the general sessions on Friday evening, Saturday morning and afternoon.

Miss Hirni suggested the following persons as appointees to the convention committees:

Exhibits--Joe Rich, Junior High School, McPherson

Luncheon--Miss Warner, McPherson College

Mixer and dance--Helen Hirni

Hospitality--Miss Warner will appoint a number of major students in physical education to care for student arrangements.

Miss Saum called for suggestion for speakers for the convention

Motion for adjournment carried.

*Hazel Cave*

Secretary-Treasurer



Suggestive Program for the K.H. & P.E.A.

1938-1939

1. Every effort must be made to emphasize the value of an adequate program of physical education for the public schools of the state. Both the administrators and the general public must be made aware of the immediate need in this respect. The Association members should make every opportunity for dignified, enthusiastic, and intelligent publicity for the work. Certain procedures listed below will aid in establishing a favorable attitude towards physical education:

1. A speaker from the field of physical education participating on the General Program of the State Teacher's Association.
2. The spring meeting of the H. & P.E.A. so designed as to attract and interest educators, administrators, parents, social and service clubs and reputable professional organizations.
3. Contact with the above individuals and organizations set up through state, district and county educational meetings, parent-teacher organizations, service-social, and civic clubs and by radio.
4. Principals and superintendents are to be encouraged to give positive credit for physical education work. Progress in this direction will be stimulated by the use of achievement tests and the practice of systematic grading in keeping with the so-called major subjects.
5. A movement sponsored, favoring a regular class period in physical education every day.
6. More emphasis given to intraschool activities for every child and less to Varsity or interscholastic athletics for the few.
7. Trained, accredited physical education teachers are best equipped to sponsor such attitudes and ideals. The coach is often not only willing but anxious to promote activities for all the boys rather than the few who need it less, but the community and administrative emphasis upon "championships" makes any constructive ideas in this direction impossible.

2. The Association must bring to the attention of the general public and educational authorities, the critical need for safe athletic programs, systematic health inspection and periodic examinations for the normal children, and a carefully planned program for the physically handicapped. Suggestions follow for procedure:

1. Cooperation with the local, county and state health units is of such value.
2. Establish intelligent and professional relations with the local, county, and state medical associations and ask their advice and assistance.
3. Plan "limited" programs suited to the children "excused" from physical education work. Consult the attending physician and encourage his thorough understanding of your whole program and ideals. Ask him to help you select activities for the handicapped child under your direction. Check your results with him.

3. A state syllabus should be compiled. The state department of education should be asked to cooperate and advise.

1. Present status of physical education to be determined by a survey in cooperation with school authorities.



2. Syllabus to be based upon the findings from this survey and the local needs.
3. Set a definite date for the completion of this syllabus.
4. The teacher of physical education must make contacts with the community by active participation in the social and recreational life. The increased leisure is a direct challenge and a golden opportunity for the physical educator.
  1. Sponsor adult recreation, tennis, golf, swimming, hiking, picnicking, camping, etc.
  2. Participate in community dramatic, musical, literary, and legislative organization.
  3. Set an example in your community for wholesome, healthful recreation.

#### Teacher Training Institutions

1. What kind of teachers are we graduating?
  - a. Intelligence, appearance, ability to teach.
  - b. Is our curriculum one that will enable our graduates to teach modern physical education and in keeping with present day education.
  - c. Are we offering courses for elementary teachers 30 and 60 hr. curriculum.
  - d. Courses for the part-time teacher (15 hr. minor)
  - e. Courses for the full time teacher (40 hr. major)

#### State Board of Education

1. Will they raise the standards in requirements?
  - a. Elementary teacher (5 hr. in health and P.E.)
  - b. Part time 15 hrs. (15 hrs. health; 15 hrs. P.E.)
  - c. Full time teacher (40 hr. major)
  - d. Follow-up requirements by definite check.
  - e. State Syllabus
  - f. State Supervisor



October 26, 1938.

Mr. L. P. Washburn,  
Kansas State College,  
Manhattan, Kansas.

Dear Mr. Washburn:

I am enclosing an article on "Basket Ball Brevities"  
for your November issue of the bulletin.

I trust this covers the material you desire. I  
should greatly appreciate it if you have space to mention  
my publications, particularly the basketball books.

With all good wishes, I am

Very sincerely yours,

Director of Physical Education,  
Varsity Basketball Coach.



ORAN SHEARER, PRESIDENT-ELECT  
ALLISON INTERMEDIATE  
WICHITA

HENRY SHENK, VICE-PRESIDENT  
HIGH SCHOOL  
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NATIONAL COUNCIL MEMBERS

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RUTH HOOVER, LAWRENCE

# Kansas Health and Physical Education Association

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HELEN G. SAUM, PRESIDENT  
KANSAS STATE COLLEGE  
MANHATTAN, KANSAS

October 3, 1938

L. P. WASHBURN, EDITOR  
KANSAS STATE COLLEGE  
MANHATTAN

IRMA GENE NEVINS, SEC'Y.-TREAS.  
KANSAS STATE TEACHERS COLLEGE  
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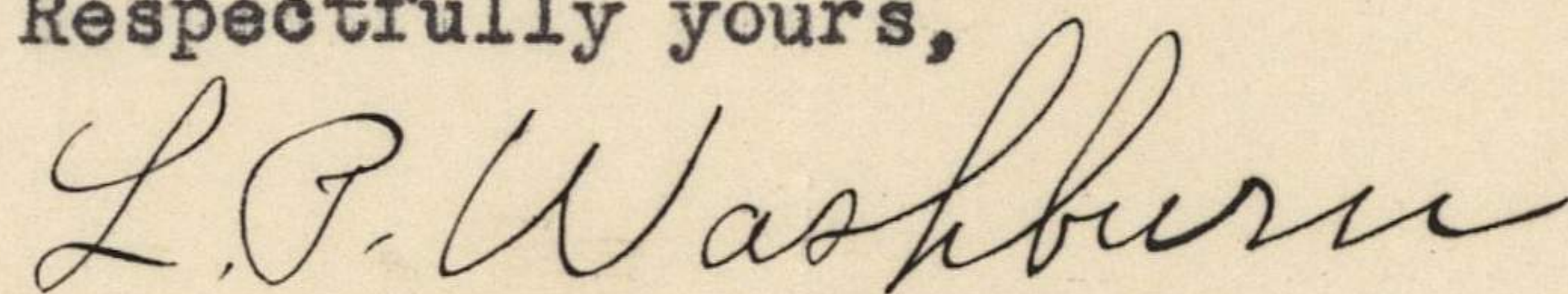
Dr. F. C. Allen,  
University of Kansas,  
Lawrence, Kansas

Dear Mr. Allen:

I am writing you in regard to the article I spoke  
about last Saturday. I should like to have you write an  
article on basketball coaching which would be interesting  
and useful to high school coaches as they start the season.  
This article should stay within a thousand words, or two  
typewritten sheets. I should like to have it not later  
than November 1st, as I want to bring out the next issue  
of the bulletin early in November. Thanking you for this,

I am

Respectfully yours,



L. P. Washburn, Editor

LPW/bjn



Lawrence, Kansas  
October 5, 1938.

Mr. L. P. Washburn, Editor,  
Kansas Health and Physical Education Association,  
Kansas State College,  
Manhattan, Kansas.

Dear Mr. Washburn:

I am in receipt of your kind letter of October  
3rd in regard to an article on basketball coaching for your  
bulletin. I shall be glad to write this article, and will  
get it to you not later than the first of November.

With best wishes, I am

Very sincerely yours,

Director of Physical Education,  
Varsity Basketball Coach.

FCA:AH



Basket Ball Brenties



### Seasonal Preparations

The old adage, "A thing well begun is half done" certainly holds true in the preparations for a strenuous competitive basketball season. Schedules carefully arranged, adequate playing equipment all in order, prospective players hardened for the early grind by religious adherence to their preliminary setting-up exercises and "early to bed and early to rise" childhood ideals, and the playing court with its lines and baskets and nets trim and expectant -- all combine to say to a returning coach, "The stage is set, and it's going to be a great season." Such studied and complete preparations send a coach home whistling -- if he can whistle -- or singing -- if he can sing. In whatever state of awareness he finds himself, he is trying to say, "God's in His heaven. All's right with the world."

So important does the writer deem these simple exercises that during the entire season he gives 5 minutes daily to their execution. Failure on the part of the men to execute these drills is regarded by the coach as a direct violation of the training schedule and is treated as such. If consistently followed, these exercises will so strengthen the ligamentous attachments of the fingers, wrists, ankles, and knees that few injuries will occur in scrimmage.

Push-up Dip. Get down on all fours with the body extended parallel to the floor and with fingers and toes supporting the body. Without letting the abdomen, chest, or thighs touch the floor, execute a full dip. Then push up and dip again. Without allowing the hips to sag, repeat this exercise 12 times.

Full Squat Dip. Stand in upright position. With arms extended laterally to perfect the body balance, extend the right leg to the front and sink slowly on the left foot to a full squat. Without touching the floor with the hands or with the extended leg, put entire weight on the left leg and thigh, and depend upon the strength of the knee and the hip joints to bring the body again to an upright position. Finish with a rising skip. Repeat this exercise, 3 times on each leg, twice daily.



All these setting-up exercises should be slowly stretched through, quite after the manner of a contented cat before a fire. Plenty of stretching keeps the spine supple and the body youthful.

If nothing else could be said to players about eating this should suffice: Eat slowly at mealtimes and eat nothing between meals. How rapidly a player eats is just as important as what he eats.

The three B's - Boiled, Broiled, and Baked Foods. Boiled, broiled, and baked meats should constitute good dietetic fundamentals for a training menu; there should be no fried foods. The players should have their interests in body metabolism and the relative values of fats, proteins, and carbohydrates whetted to the point that they will thoroughly understand about tissue-building foods. If meats are eaten before games, the meal should be served three hours previously.

Oranges. This fruit is a pet hobby of the author for the training diet of all athletes. Through his long years of coaching, so important has the writer considered the use of oranges for conditioning players that he has never ceased to suggest a team orange fund to every "pep" organization with which he has come into contact. The sum-total results of this athletic orange-eating hobby have been without exception an orange a day for each and every athlete on the football and basketball squads throughout his coaching and administrative years.

In addition to the orange after practice, he has urged every athlete to eat another orange for breakfast and still another before going to bed -- three oranges a day and more if possible. Oranges stimulate appetites and at the same time satisfy both thirst and hunger - thus preventing overeating.

The best way to eat an orange is to break up the cells and let the juice of the orange cover the entire area of the tongue - thereby stimulating the gastric and biliary flow. These juices will aid digestion and will assist in eliminating constipation.

Water. Athletes should drink an average of one glass of water every hour,



except on game days, when they should cut down to four glasses a day. After the games players should drink as much cool water, never ice-cold water, as is consistent with comfort.

The nervous and hungry type of athlete who never gets enough to eat and wants to eat between meals should try drinking a glass of water every time he craves food between meals. Water will appease this false hunger.

Sweets. In days now gone, athletes were absolutely forbidden the use of sweets. Now the trend is toward discretion rather than abstinence. Candy, when eaten discriminately after meals, is an energy producer and should have a definite place in a player's diet.

A Pregame Menu. The following meal should be eaten at least two and one-half hours before the game:

Sliced oranges, sprinkled with sugar, and accompanied with celery hearts.

Two slices hot dry toast, butter, and a small cup of honey.

One cup of weak tea with sugar and lemon or cream.

In very exceptional cases, if the team has been subjected to unusual hardships of travel, a small piece of broiled T-bone steak (2 in. square) may be added to this menu.

Contentment. Bear ever in mind the values of contentment. A mind at peace with itself does not get stale. A squad talented in singing and playing rarely suffers from staleness. Group singing is a great harmonizer and a developer of the finer qualities of comradeship.

It is a splendid plan for a team to eat the last meal before a game where they can hear good music. This meal does not strengthen the players much physically. Its best feature is in the contentment it might bring.



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A Pregame Menu. The following meal should be eaten at least two and one-half hours before the game:

Sliced oranges, sprinkled with sugar, and accompanied with celery hearts.

Two slices hot dry toast, butter, and a small cup of honey.

One cup of weak tea with sugar and lemon or cream.

In very exceptional cases, if the team has been subjected to unusual hardships of travel, a small piece of broiled T-bone steak (2 in. square) may be added to this menu.

Contentment. Bear ever in mind the values of contentment. A mind at peace with itself does not get stale. A squad talented in singing and playing rarely suffers from staleness. Group singing is a great harmonizer and a developer of the finer qualities of comradeship.

It is a splendid plan for a team to eat the last meal before a game where they can hear good music. This meal does not strengthen the players much physically. Its best feature is in the contentment it might bring.



March 14, 1938.

Mr. Henry Shenk,  
Junction City High School,  
Junction City, Kansas.

Dear Henry:

Thank you very much for the postscript on the bottom of your letter of March 7th. This refers to our scratching out another Big Six championship in basketball. It is nice of you to say these things, Henry, and I can reciprocate by saying I hear wonderful things regarding your continued success at Junction City.

And by the way, I sent my \$1.00 subscription for membership in the Kansas Health and Physical Education Association to Mr. L. P. Washburn.

With every good wish, and hoping to see you at Pittsburg, I am

Very sincerely yours,

Director of Physical Education,  
Varsity Basketball Coach.

FCA:AH



HELEN SAUM, PRESIDENT-ELECT  
KANSAS STATE COLLEGE  
MANHATTAN

OREN SHEARER, VICE-PRESIDENT  
HIGH SCHOOL  
GARDEN CITY

# Kansas Health and Physical Education Association

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KANSAS STATE COLLEGE  
MANHATTAN

IRMA GENE NEVINS, SEC'Y-TREAS.  
KANSAS STATE TEACHERS COLLEGE  
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TOPEKA

DISTRICT COUNCIL MEMBERS

EARL KAUFFMAN, JR., TOPEKA  
THORA LUDVICKSON, WICHITA  
ARDIS HILL, KANSAS CITY

March 7, 1938

Dr. Forrest C. Allen  
Director Men's Physical Education  
University of Kansas  
Lawrence, Kansas

Dear Dr. Allen:

I am enclosing some membership blanks for use in securing memberships in the Kansas Health and Physical Education Association among your majors and the members of your department. The professional membership fee is one dollar, and the student fee is fifty cents. The money and memberships should be sent to Mr. L. P. Washburn, Kansas State College, Manhattan, Kansas.

The K.H. and P.E.A. is a growing organization with over 200 members interested in promoting the cause of health and physical education in the State of Kansas. Some of the accomplishments of the organization are:

1. A monthly bulletin to each member containing news items, articles of outstanding interest and helpful suggestions.
2. A fine state convention each year with speakers of national renown. You will want to attend, and urge your majors to attend the 1938 convention to be held at Pittsburg, Kansas, March 25 and 26.
3. A state-wide program of radio broadcasts.
4. Sponsorship of favorable legislation in the interests of health and physical education.
5. Collection of valuable displays and exhibits.
6. Research in curriculum, programs, exhibitions, etc.

May we count on your cooperation in securing 100% membership at Kansas University?

Very sincerely yours,

*Henry Sheels*  
Membership Chairman

P.S. My heartiest congratulations on winning another big-six basketball championship!



Kansas Health & Physical Education Association

Mail to

Mr. L.P. Washburn  
Bulletin Editor  
Kansas State College

Manhattan, Kansas

Please find enclosed \$1.00 (Student 50¢) for one year's membership in the Kansas Health and Physical Education Association.

Name

\_\_\_\_\_

Last name

\_\_\_\_\_

First name

Address

\_\_\_\_\_

Street and Number

\_\_\_\_\_

City

Position

\_\_\_\_\_

Kansas Health & Physical Education Association

Mail to

Mr. L.P. Washburn  
Bulletin Editor  
Kansas State College  
Manhattan, Kansas

Please find enclosed 1.00 (Student 50¢) for one year's membership in the Kansas Health and Physical Education Association.

Name

\_\_\_\_\_

Last name

\_\_\_\_\_

First name

Address

\_\_\_\_\_

Street and Number

\_\_\_\_\_

City

Position



March 21, 1938.

Mr. Edgar P. Schmidt,  
912-914 Kansas Avenue,  
Topeka, Kansas.

Dear Schmitty:

I am sending by mail to your office some of our material for exhibits at the Kansas Health and Physical Education convention at Pittsburg. This consists of two posters on posture, and a set of our radio broadcasts. I am asking Miss Dunkel to take to Pittsburg two additional posters which are not quite ready at this time. I am sure they can be placed with our exhibit at the Hotel Besse.

Sincerely yours,

Director of Physical Education,  
Varsity Basketball Coach.



January 31, 1938.

Mr. Edgar P. Schmidt,  
912-914 Kansas Avenue,  
Topeka, Kansas.

Dear Schmitty:

Thanks for your letter in regard to the exhibits for the meeting of the Kansas Health and Physical Education Association at Pittsburg, Kansas, on March 25 and 26.

Our department will have some material to send, and we plan to send you a description of it not later than the first of March.

Sincerely yours,

Director of Physical Education,  
Varsity Basketball Coach.

FCA:AH