

Suggestive Program for the K.H. & P.E.A.

1938-1939

1. Every effort must be made to emphasize the value of an adequate program of physical education for the public schools of the state. Both the administrators and the general public must be made aware of the immediate need in this respect. The Association members should make every opportunity for dignified, enthusiastic, and intelligent publicity for the work. Certain procedures listed below will aid in establishing a favorable attitude towards physical education:

1. A speaker from the field of physical education participating on the General Program of the State Teacher's Association.
2. The spring meeting of the H. & P.E.A. so designed as to attract and interest educators, administrators, parents, social and service clubs and reputable professional organizations.
3. Contact with the above individuals and organizations set up through state, district and county educational meetings, parent-teacher organizations, service-social, and civic clubs and by radio.
4. Principals and superintendents are to be encouraged to give positive credit for physical education work. Progress in this direction will be stimulated by the use of achievement tests and the practice of systematic grading in keeping with the so-called major subjects.
5. A movement sponsored, favoring a regular class period in physical education every day.
6. More emphasis given to intraschool activities for every child and less to Varsity or interscholastic athletics for the few.
7. Trained, accredited physical education teachers are best equipped to sponsor such attitudes and ideals. The coach is often not only willing but anxious to promote activities for all the boys rather than the few who need it less, but the community and administrative emphasis upon "championships" makes any constructive ideas in this direction impossible.

2. The Association must bring to the attention of the general public and educational authorities, the critical need for safe athletic programs, systematic health inspection and periodic examinations for the normal children, and a carefully planned program for the physically handicapped. Suggestions follow for procedure:

1. Cooperation with the local, county and state health units is of such value.
2. Establish intelligent and professional relations with the local, county, and state medical associations and ask their advice and assistance.
3. Plan "limited" programs suited to the children "excused" from physical education work. Consult the attending physician and encourage his thorough understanding of your whole program and ideals. Ask him to help you select activities for the handicapped child under your direction. Check your results with him.

3. A state syllabus should be compiled. The state department of education should be asked to cooperate and advise.

1. Present status of physical education to be determined by a survey in cooperation with school authorities.