

even with the free throw line. The three outside men establishing the front line of attack, either from a roll, or ball maneuvering; thus setting the defense, where we, as an offense, desire them. The attacking angles of this formation are designed primarily to bring the ball straight down the middle. The man passing the ball in determines the choice of the immediate maneuver.

3-C After we have run the double post maneuver through twice, we will go into a Five Man base line game. This is based on a few simple rules. Handle the ball and go to the base line, to the side line and handle the ball again. Upon going to the base line, you go to the opposite side line from the man in front of you..... on your way out, pick for the man going in.

4-D Out-of-Bounds Plays - On all out of bounds balls, run a cross block with a team-mate. This is simple, but is the basis of all out of bounds plays.

5-E A Rushing Defense for 8 Minutes - The use of this defense will be confined to gaining possession of the ball when we are behind and when it is being withheld from play.

The defense is primarily a front court defense. The man with the ball is rushed by the forward nearest him and the center. The other forward checks the short side guard and should a pass be made to him, it will be the forward's duty to intercept. The guard, on the side of the floor the play occurs on, pulls up close and intercepts any pass attempted up the side of the floor. The other guard plays directly in the center of the floor to handle any long cross-court pass that may be attempted. Success of this type of play will necessarily depend on the aggressiveness of a defensive play. All caution is forgotten, no man is covered particularly but the man with the ball and his nearest outlet points are covered aggressively, and we attempt to create a state of hurry and confusion. Mistakes should result, and ball, if thrown hurriedly or carelessly, should end in our possession. POSSESSION OF THE BALL IS OUR IMMEDIATE OBJECTIVE.

6-F Man-to-Man in a Zone Defense - We will use a close checking man-for-man in a zone. Defense is a state of mind as much as any one thing. What you think you can do defensively, you can do. True, you must know how to cover; but no matter how much you know, what you actually believe you can do, you can almost do. For some time I have spent a minimum time on defensive work. Getting by on a cheaters defense, that is, actually not playing man-to-man on zone but merely bunching men under the basket and not covering anyone. This will win lots of ball games, but I have found it will not win the ones we have to win.

When on Defense Remember:

1. Use a low crouch-gliding steps -- feet wide -- weight on balls of feet and weight evenly distributed -- inside hand directly in front -- outside hand low and wide --(split vision) one eye on man, one on ball. WE DO NOT MAKE THE MISTAKE.