

VICTORY

THRU

FITNESS

HEALTH
PHYSICAL
EDUCATION
RECREATION

1944

SUMMER

CONFERENCE

SPONSORED BY THE
DEPARTMENT OF
HEALTH AND PHYSICAL EDUCATION

KANSAS STATE TEACHERS COLLEGE
Emporia, Kansas

IN COOPERATION WITH THE

KANSAS STATE BOARD OF HEALTH

Emporia State Campus

June 21, 22, 23, 24, 1944



★ PROGRAM ★

8:00 P. M., WEDNESDAY, JUNE 21

Greetings

President JAMES F. PRICE, Emporia State

A Concept of Fitness

DR. MABEL LEE, University of Nebraska

Mixer and Social Hour

9:00 A. M., THURSDAY, JUNE 22

Fitness of the College Student and the Teacher

DR. MABEL LEE

Fitness for the Armed Forces

Mr. A. B. KOCH, Emporia State

Demonstrations:

Rhythm for Body Conditioning

College Girls of Emporia State

Calisthenics and Games

Cadets of 84th Air Corps Detachment

2:00 P. M., THURSDAY, JUNE 22

Vitamins and Diet

DR. J. S. HUGHES, Kansas State College

Tuberculosis Testing

DR. HOMER HUEBERT, M. D.

State Board of Health

8:00 P. M.

Harmones and Body Control

DR. J. S. HUGHES

9:00 A. M., FRIDAY, JUNE 23

Making High School Students Fit

MR. HENRY SHENK, University of Kansas

Demonstrations:

Commando and Grass Drills

Boys of Roosevelt High School

Sports, Games, and Obstacle Course

Girls of Roosevelt High School

3:00 P. M.

Control of Venereal Disease

DR. R. M. SORENSON, M. D.

State Board of Health

7:30 P. M., FRIDAY, JUNE 23

Social Problems of the Youth of Today

SUPT. W. M. RICHARDS

Emporia City Schools

Demonstration of Supervised Recreation

Emporia City-wide Recreation Group

9:00 A. M. SATURDAY, JUNE 24

*Health and Physical Education Problems
in Rural Schools*

Open Forum

Demonstrations:

Play Activities with Pupil Leaders

Girls of Elementary School, Emporia State

Tumbling

Boys of Elementary School, Emporia State

A View of Health in the Rural Schools

DR. C. H. MUNGER, M. D.

Lyon County Health Officer

2:00 P. M.

Techniques of the Health Examination

MISS BEATRICE DITTO

State Board of Health

Educational Implications of the Conference

DR. ROBERT N. BUSH, K. S. T. C.

FITNESS

is not only a wartime necessity, but a desirable objective in the development of "healthy, vocationally and socially competent, creative and happy human beings possessing the understandings and skills for democratic living" in a world at peace.

Training for fitness — MENTAL, PHYSICAL, SPIRITUAL—is not the work of one particular department in the educational system, but it depends upon the cooperation and effort of every citizen throughout our land.

This conference is planned for: Administrators; Teachers and prospective teachers of grade schools, high school, and college; Specialists in Health, Physical Education, and Recreation; Parents; Community Youth Leaders; and any other persons who are interested.

NO REGISTRATION FEE



For further information write to

**Bureau of Information, Kansas State
Teachers College, Emporia, Kansas**



The Kansas State Teachers College

Emporia, Kansas

May 1, 1944

Dear Friend:

As the war continues it is increasingly important that we give attention to ways of building the strength, stamina, and stability of our citizens. To that end we are bringing together in this Second Summer Conference on Health and Physical Fitness a number of specialists who have been studying the latest and most effective means of developing strong, healthy, and emotionally well-balanced individuals.

We hope that you will be able to attend all or part of the meetings of this conference. You will notice by the enclosed program that Wednesday and Thursday will be devoted to the adult and college level, Friday to the high school level, and Saturday to the grades and rural schools.

Yours sincerely,

Edna McCullough

Edna McCullough, Chairman,
Conference on Health and
Physical Fitness

em sg
Enc.

May 17, 1944.

Dr. E. Wayne Konrad,
Slater, Missouri.

Dear Dr. Konrad:

I appreciate so much your generosity and hospitality which you so kindly offered me. However, being not sure what time I will be able to arrive in Slater, I think I had better not accept your dinner invitation.

I will call you up and will have a visit with you and Mrs. Konrad before I leave town.

We have a Recreation Institute here with the principals from New York representing the National Recreation Association. It will be necessary for me to drive back that evening so as to be in Lawrence early the next morning. The Institute starts at 10 o'clock Saturday morning, and continues through the day. Therefore, I will take a rain check and hope for better luck next time. It is awfully nice of you.

With all good wishes, I am

Sincerely yours,

Director of Physical Education,
Varsity Basketball Coach.

FCA:AH

E. WAYNE KONRAD

Osteopathic Physician

SLATER, MISSOURI

Slater Mo

May 12, 1944

Dear Dr Allen,

Just a note to let you know that my wife and I are looking forward to having you at the house for dinner next Friday night.

In your letter of April 4th you were undecided whether to drive or come by train. Since that time train service has been suspended due to the Missouri river flood east of here and it is very doubtful whether the Alton railroad will be in operation by next week end, so perhaps you had better plan accordingly.

Will see you next week end

Very sincerely yours,

E. Wayne Konrad D.O.

May 4, 1944.

Mr. Dwight Keith, Editor,
Southern Coach and Athlete,
751 Park Drive, N.E.,
Atlanta, Georgia.

Dear Dwight:

Thanks for your good letter. I am glad to know that you get forty per cent discount. That is what they give me as author, and I am glad that you get the same. I wanted to suggest that I would help you out if there was any way possible to do it, but since you do as well as I am doing - congratulations to you, and thanks for suggesting to Coach W. H. DOWIS the novel method that you put through.

With all good wishes to you and yours, I am

Sincerely yours,

Director of Physical Education,
Varsity Basketball Coach.

PCA:AH

A Magazine for
Coaches, Players, Officials
and Fans

OFFICIAL PUBLICATION

GEORGIA ATHLETIC COACHES
ASSOCIATION

GEORGIA FOOTBALL OFFICIALS
ASSOCIATION

SOUTHERN FOOTBALL
OFFICIALS ASSOCIATION

ALABAMA HIGH SCHOOL
COACHES ASSOCIATION

FLORIDA ATHLETIC COACHES
ASSOCIATION

SOUTH CAROLINA
HIGH SCHOOL LEAGUE

LOUISIANA HIGH SCHOOL
COACHES ASSOCIATION

MID-SOUTH ASSOCIATION
OF PRIVATE SCHOOLS

DWIGHT KEITH
EDITOR & PUBLISHER

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Southern Coach and Athlete

751 PARK DRIVE, N. E. • ATLANTA, GEORGIA

April 27, 1944

Coach Forrest C. Allen,
University of Kansas,
Lawrence, Kansas

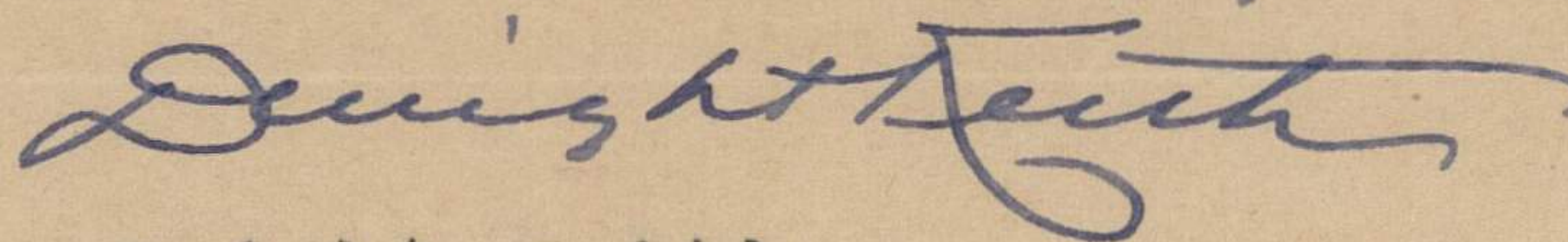
Dear Coach Allen:

Sorry I have been so long answering your letter. Have been out of town quite a bit, and have had a time trying to keep up with everything.

The coach who ordered your books is W.H. Dowis, Tech High School, Atlanta, Ga.

You asked about the discount which I am allowed. I get a 40% discount, due to the fact that I carry their ad on a commission basis.

Sincerely yours,



Dwight Keith

May 4, 1944.

Mr. Clifford King,
Hesston, Kansas.

Dear Clifford:

I am glad that you enjoyed the Jayhawk Rebounds and the basketball.

If after the war you are interested in going to college and that college happens to be the University of Kansas we will indeed be glad to talk with you.

Trusting that you are doing a swell job in raising food for the war effort and doing your level best in every other way, I am, with kindest regards,

Very sincerely yours,

FCA:AH

Director of Physical Education,
Varsity Basketball Coach.

Hesston, Kansas
May 1 , 1944

Dr. Forrest C. Allen
Department of Physical Education
University of Kansas
Lawrence, Kansas

Dear Sir:

I received your letter and a copy of ''Jayhawk Rebounds'' last week. I am looking forward to future copies of ''Jayhawk Rebounds'', as I enjoyed reading the one you sent me very much.

Last Friday I also received the basketball you sent me. I have an old basketball which I have been using in my spare time, although it is just about worn out. I certainly appreciate the good one.

I am kept quite busy here on the farm. I am deffered until September, 1944 , although am not sure if I will be deffered after that date. I am looking forward to going to college after the war. I hope that will be in the near future.

Thanking you again for your kindness.

Sincerely yours,

Clifford King

April 21, 1944.

Mr. A. B. King,
Hesston, Kansas.

Dear Friend A. B.:

I very much enjoyed the visit with you from Newton to Lawrence on the streamliner. I am putting you on our Jayhawk Rebounds mailing list, and am sending you a copy of the present one together with the previous issue.

I appreciate your fine attitude toward the University of Kansas, and toward us in basketball. We sincerely hope that we may attract Clifford to the University because he is the type of man that we desire. And of course I am very anxious at all times to have the people in Newton know that we are very fond of their basketball players and they are always welcome.

With all good wishes, I am

Sincerely yours,

Director of Physical Education,
Varsity Basketball Coach.

FCA:AH
Enc.

April 18, 1944.

Mr. Harry Kepler,
2388 Blake Blvd.,
Cedar Rapids, Iowa.

Dear Harry:

At Rotary Club yesterday I told of the nice visit I had with you, and to these members present I told them that you asked to say hello to them: Ike Meade, Collie Simons, Rob Rankin, Frank Banks, Bill Quakenbush, HoveyyHanna, Bert Ober, Tildie Funk, Karl Klooz, Walt Varnum, Art Weaver, Herb Hungerford, and Ernie Young. These fellows were all members, I believe, while you were in Rotary. They were all glad to hear from you.

It was nice to have a visit with you and Mrs. Kepler. I am leaving town today but upon my return I will call Mrs. Ashton and ask about Mrs. Beard. I know that they will be glad to hear from you and Mrs. Kepler.

With all good wishes, I am

Sincerely yours,

FCA:AH

President.



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ESTABLISHED IN KANSAS CITY 1878

JENKINS MUSIC COMPANY

RADIOS AND REFRIGERATION - MUSICAL INSTRUMENTS
SHEET MUSIC AND MUSIC BOOKS

1217-23 WALNUT STREET

KANSAS CITY, MISSOURI Apr 11-44

Dear Pfoq & Mrs Allen - Just a line to tell you that Clint often speaks of you in his letters. He has had another go at malaria but said not to worry - three doctors on the ship were really giving him service & it was better than being in a hospital. I think he's "busy" again. He gets around a lot on this combat transport. Has a battery of anti-aircraft guns now in addition to his other duties so won't go ashore any more in these landings I guess. Spent a day with Bud Shawver KU & Phi gam just a ~~few~~ short time ago on some island and had a couple of days with Clem Fairchild - KU Sigma Nu on another island some time later. Just missed T P Hunter which made him feel bad as he always liked him so much. Nice citation for PT - I wrote McBride yesterday and told him Feu Demand who was decorated by Minsky after Tarawa was one of your boys. Pfoq.

Hope you are fine - and that your family is well. I had a nephew just 2 years younger than Clint - killed in action March 7th - which of course is depressing - As ever yours
Clint Kanaga

No. _____



(CENSOR'S STAMP)

Dr. Forrest C. Allen
 Robinson Gym
 University of Kansas
 Lawrence, Kansas

Lt. E. W. Kanaga, USMC
 (Sender's name)

U.S.S. Elmore
 (Sender's address)

PO F.R.O. San Francisco

Feb. 10, 1944
 (Date)

Dear Doc,

I really have the job on this ship - it's about the softest one on it. Only time I'm really busy at all is when we are loading or unloading. The rest of the time I do odds & ends and take it easy. They censor pretty closely here so I can't say anything about what we've done or are doing now. However, on a ship - you can't blame them for censoring closely - it's necessary for safety.

This life with the Navy is a pretty soft living after being with the 6th. Eating well, a bunk to sleep in, a shower to help clean - it's swell. I'm the only Marine aboard - in the ship's company - so I have my hands full keeping the boys at bay. However, with the corps' record - it's no trouble. The Navy boys are a swell gang. Give your wife and family my best.

Say hello to Bill!

V - MAIL

Yours, Clint



More than a Half Century of Service
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RADIOS AND REFRIGERATION - MUSICAL INSTRUMENTS
SHEET MUSIC AND MUSIC BOOKS

1217-23 WALNUT STREET

KANSAS CITY, MISSOURI

Feb 19-44

Dear Phog - just a line to
tell you I had a note from
Clint - he and ^{Fred} Eberhardt were in
the Marshall Islands affair.
Thought you might like to know for your
bulletin - which, by the way is a swell
idea. Fred was the only K O man Clint
knew or ran across. No doubt there were more.
Clint had handed this note to a Marine major
who had been his roommate on the voyage
& he mailed it to me from Hamur with
a little note of his own. Said some
nice things about Clint, which of course,
made me pretty mad. You know yourself
how we fathers are. By the way - better
not mention this note in your column
This major told me Clint had landed - was
safely back on his ship & off again to some
other place - (you can just mention that Fred & Clint
were in this operation need not say where
the information came from)

Hope the last of the season is
better than the first with you - too bad
this year has to go in the records at all.
Best regards to your nice wife and
with all good wishes to yourself I am
as ever yours Clint Kanaya

INTERCOLLEGIATE
ATHLETICS



THE UNIVERSITY OF OKLAHOMA

NORMAN · OKLAHOMA

March 30, 1944

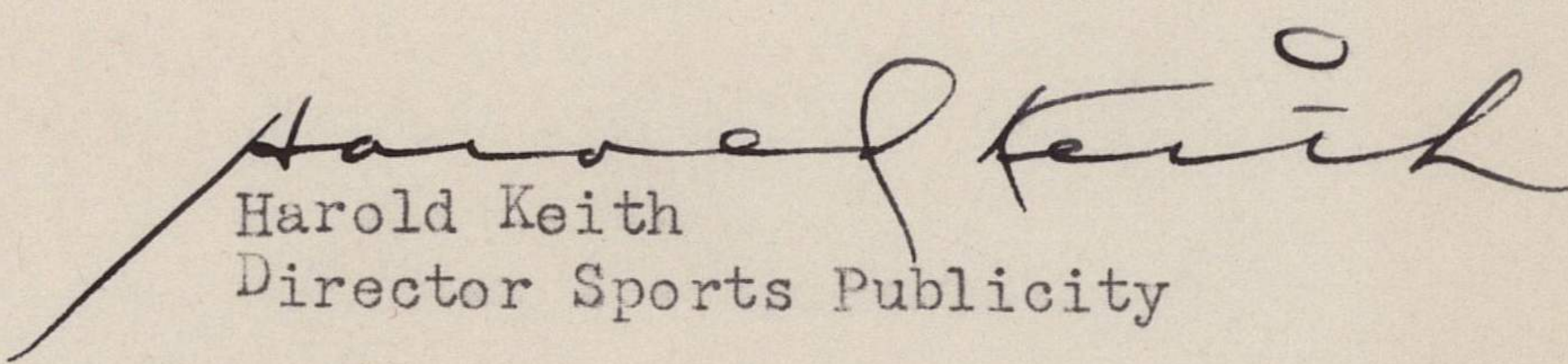
Dr. F. C. Allen
Basketball Coach
University of Kansas
Lawrence, Kansas

Dear Coach:

We had seen the news stories on your KFKU radio talk, and were delighted to have you send us the whole article. Bruce is due home today from New York. I have placed it on his desk.

With best wishes, I am,

Sincerely yours,


Harold Keith
Director Sports Publicity

HK/jd

Eno O J/Kessie

MTB Ron 20

c/o FPO

San Francisco, Calif.

Jan 27, 1944

quite
positive
letter.

Dear Doc:

Greetings to you and the staff from aloha land. Doubtless, this will find you steering the boys to another championship, while yours truly is putting in his licks toward a championship which will take sometime to realize. Ayes Doctor, I'm at the fighting front and have been for sometime. As I told you when I saw you last May, I'm ~~water~~ riding a PT boat and we're not looking for Dorothy Lamour when we buzz around these so-called "glamorous islands" of the Pacific. In fact we patrol all night every other night and on our off nights we are bombed, so you can see that it's sort of hard to keep up on one's sleep.

During my step by step trip out here, I ran in to Gene Haynes.

It.

Gene is a Lawrence boy and KU grad who is doing very well by himself. He is a Lt. (j.g.) and assistant navigator aboard the battleship, Alabama.

Doctor, I've chucked one baseball game out here. Aside from handling my boat and squadron navigation duties, I handle the recreation for the squadron. Naturally for no reason other than it is always warm out here, I included a full supply of baseball equipment in our outlay of recreational supplies. In the one game that we have played out here, we managed to eke out a six to five win. When we are relieved for a rest period, I intend to get bockin shoes for a few more games.

Since this is our night to patrol, I must close and get in some "sack time". Doctor, I ~~was~~ really would appreciate receiving your monthly news letter and would say hells for me to Mrs. Hulter, Mrs. Webster and Mr. Falkenstein. Please give my congratulations to Henry Sherk on the victory over Mizzou.

Sincerely,

Lucretia Kresie

Ens C. J. Kresie
MTB Ron 20
C/O FPO
San Francisco, Calif.

March 23, 1944.

Mr. Dwight Keith, Editor,
Southern Coach and Athlete,
751 Park Drive, N.E.,
Atlanta, Georgia.

Dear Dwight:

I was delighted to have your letter of the 15th instant telling me that one of the local high school coaches is awarding a copy of "Better Basketball" to his basketball lettermen. .

I certainly like this idea and if you will be kind enough to give me the coach's name I will be happy to write him and thank him for his kindness to me. I trust the award will be pleasing in the boys' sight.

Dwight, will you kindly tell me what discount McGraw-Hill gives you on these books? I presume ten per cent. This is usually the price they give to libraries ordering the same.

With best wishes, I am

Very sincerely yours,

Director of Physical Education,
Varsity Basketball Coach.

FCA:AH

COPY (Original sent to C. E. McBride)

SOUTHERN COACH AND ATHLETE

751 Park Drive, N.E. - Atlanta, Georgia

Dr. Forrest C. Allen,
University of Kansas,
Lawrence, Kansas.

Dear "Phog":

One of the local high school coaches is doing a stunt which I think will be of interest to you. He is having me order for him, copies of "BETTER BASKETBALL" to be awarded to his basketball letter-men.

I think this makes an ideal award and should be used by coaches throughout the country, especially during these times when it is difficult to secure wool sweaters and gold emblems.

Sincere regards and best wishes.

Cordially yours,

Dwight Keith
EDITOR

March 23, 1944.

Mr. John J. Kistler,
409 Clinton Street,
Grand Haven, Mich.

Dear Jack:

I was certainly glad to hear from you and to know that you and the family are getting along so splendidly. It is a pleasure to be in work that you are enthusiastic about, and I imagine that you are very much up to your ears in war contract work at present, as everybody around here seems to be doing everything possible in the war effort.

In regard to a copy of "Better Basketball", I have one here and I will be very happy to autograph it for that fine boy of yours, Johnny Kistler. I cannot imagine that he is now 6 feet $1\frac{1}{2}$ inches tall and a hefty chap weighing 165 pounds. I can imagine that he is "more man" than his dad! I know, however, that that makes both Dad and Mom pretty happy, to have a fine young man of such heft and stature.

I appreciate the compliment that he paid me in wanting a copy of my book. You tell him some time after the war is over we would like to have him enroll down here and play on our team. If you have got any suggestion for an autograph I will do it and send it to you pronto. The book sells for \$4.00 plus postage, but if you will be kind enough to send me a check for \$4.00 I will autograph the book and pay the postage.

We have many fond recollections of the Kistlers. Please remember me to your entire family.

With all good wishes, I am

Very sincerely yours,

Director of Physical Education,
Varsity Basketball Coach.

FCA:AH



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MAIN OFFICE AND FACTORY
GRAND HAVEN, MICHIGAN, U. S. A.

March 17, 1944

Dr. F. C. Allen,
University of Kansas,
Lawrence, Kansas.

Dear Dr. Allen:

You'll probably be surprised to hear from me - it has been almost four years since we left K.U. and came here.

I am in the sales and promotion department here and enjoying the work very much. We are doing a lot of war contract work at present, and keeping more than busy.

What I really am writing about is where can I get a copy of your book, "Better Basketball," and what is the price. Son John, whom you will no doubt remember, has been playing on the local high school basketball team as center. He is 6 foot 1½ inches in height and weighs 165. That's more "Man" than his Dad. He will be 18 years old in June and will, of course go into the service. We asked him the other day what he wanted in the way of a gift, and he said he wanted a copy of Coach Allen's book. You have always been his ideal when it comes to basketball. If possible, could we secure the book from you and have you autograph it for him. That would please him immensely.

We have many fond memories of our years spent at K.U. and our many friends.

Sincerely,

Jack.

John J. Kistler,
409 Clinton Street,
Grand Haven, Michigan.

*Let me know price
and I'll send you a
check.*



Line-ups for Kansas-Oklahoma football game, November 8, 1920

KANSAS

Reid	LE
Nettels	LT
Jones	LG
Saunders	C
Woody	RG
Sandefur	RT
Ivy	RE
Lonborg	Q
Bunn	LH
Mandeville	RH
Allison	FB

OKLAHOMA

Luster (Capt.)
Johnston
McKinley
Hamm
Edmonson
Smoot
Haskell
Davis
Hill
White
Morrison

Score:

O	O	7	7	7-	21
K	7	2	0	0-	9

Substitutions:

KANSAS

Little for Bunn
MacDonald for Ivy
Bunn for Little
Hart for Saunders
Smith for Woody
Woody for Smith
Hale for Hart
Welch for Allison
Wilson for Bunn

OKLAHOMA

Marsh for Luster
Tyler for Haskell
Ogelvie for Davis
Swatek for Morrison
Davis for Ogelvie

OFFICIALS:

Referee: J. C. Grover, Washington
Umpire: C. E. McBride, Mo. Valley
Headlinesman: B. L. MacCreary, Oklahoma



THE UNIVERSITY OF OKLAHOMA

NORMAN · OKLAHOMA

September 29, 1943

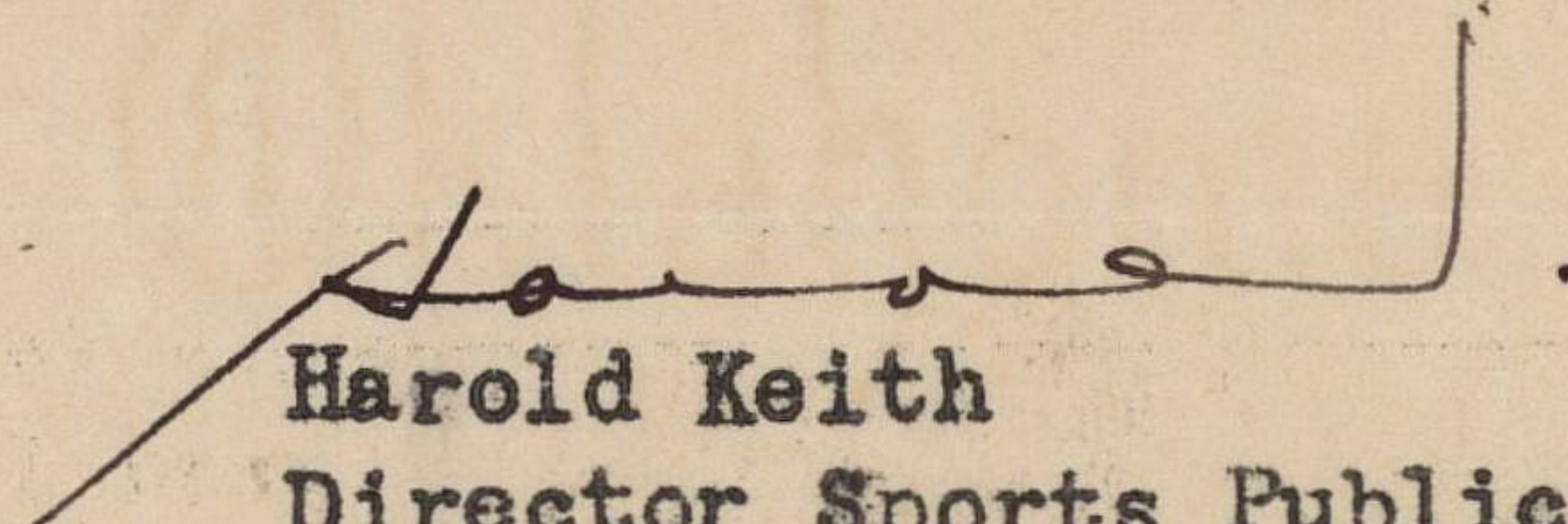
Dr. F. C. Allen
Basketball Coach
University of Kansas
Lawrence, Kansas

Dear Coach:

I can't seem to locate a Kansas line-up for that 1920 game. I have looked everywhere. Maybe this information will give you a clue: the newspaper story says Kansas scored its first touchdown on an "end run from freak formation with Mandeville running to the goal." Kansas led 9-0 in the first half when Morrison our fullback was thrown behind the line for a safety. The story said Jones, Kansas end, nearly recovered the ball for a touchdown. Oklahoma won the game 20-9, @ scoring just before the first half ended and twice more in the last half.

I gave Bennie your greeting and he sends along a cordial "hello". Because of football I haven't had time to do any more on that basketball article. With best wishes, I am

Sincerely yours,


Harold Keith
Director Sports Publicity

bv