



U. S. NAVAL FLIGHT PREPARATORY SCHOOL
CORNELL COLLEGE
MOUNT VERNON, IOWA

for $\frac{1}{25}$ of a second. It isn't as hard as it sounds and it develops ^{our} ~~your~~ reactions as well as eye sight.

The second day we were here we had a short physical Ed. test consisting of push-ups, chin-ups, jump for height and a short obstacle race. Of the 300 new boys that reported I managed to have the best time on the obstacle race so no doubt my training at K.U. helped me quite a bit.

When I first got here Lt. Couppes was the main Phys. Ed. teacher. You might remember him. He played with Iowa Pre-flight in football last fall and also against K.U.