

"So it's altogether likely," Andreas went on, "that the center jump will be legislated back into high school ball to slow up the game somewhat and relieve this pressure on the youngsters. It isn't so bad for college players, largely because they're more fully developed. In addition, there is rigid physical examination in most colleges." (5)

City schools that are under sane and careful direction have already modified some rules. Recognizing the physical demands of jumpless basketball, Buffalo, N.Y. high school athletic officials took steps two years ago to reduce the hazards of the modern style of play, discussed recently by Syracuse Coach Lew Andreas. By a poll of 11 to 13, the high school coaches voted on December 30, 1937, to make the following changes in intercollegiate rules to govern basketball competition between Buffalo secondary schools:

1. Allow two instead of one minute rest periods between the first and second, and third and fourth quarters. The regulation 10-minute intervals between halves remain.
2. Allow 90 instead of 60 seconds for all "requested" time-out. Each team is permitted five such time-outs per game. (6)

Concerning this factor of "speed up" in its relation to basketball players' welfare, Bob Stedler, Sports Editor of The Buffalo Evening News, recently had this to say:

"We would be inclined to other more sane changes in the rules. We prefer the return to the center jump and other revisions which would slow up rather than increase the speed of the play.

We may be old fashioned in this respect, but no one can convince us that under the present speeding up of the game it does not take too much out of the players. There is practically no let up, no time for the players to get their breath, unless there's a time-out, and they are kept on the go entirely too much.

Athletics are a wonderful body builder and keen play develops the lad mentally, but any sport in which the play is overly aggressive and the action too continuous may prove more harmful to the individual than beneficial." (7)

A recent study made in New York State, reported last December before the New York State School Physicians Association (8) indicates that there is serious physical harm to adolescent boys in the present rules. Considering that it is estimated that there are millions of high school basketball players, this becomes a serious situation.

C. A. Greenleaf, M.D., who makes this report, quotes from a leading newspaper of last December as follows: "A 40-minute basketball game averages 36 minutes of action. Compared with this, football and baseball seem almost as slow as chess."

In his report, Dr. Greenleaf makes the following statements:

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- (5) Buffalo Evening News, January 3, 1940, p. 20.
 - (6) *ibid.*
 - (7) Buffalo Evening News, March 7, 1940.
 - (8) "Blood Pressure Studies on Basketball Players in Olean, N.Y." C. A. Greenleaf, M.D., The Journal of School Health, Vol. X, No. 2, February, 1940, pp. 50-52.

Topic sentences