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## THE PORTIS INDEPENDENT

J. E. KISSELL, EDITOR, OWNER AND PUBLISHER

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December the Twenty-Second,  
Nineteen Thirty-Nine.

Dr. F. C. Allen,  
Lawrence, Kansas.

Dear Dr., Sir, Friend, Coach, Taxpayer  
and whatever else you may be:

Have intended writing you a number of times since you people were out here, but I let procrastination creep onto me, and so here I am and no letter, yet.

I am writing right now to ask about Max. That is I want to ask about over-exertion or possible weakening of the heart in games, particularly. Max is okay so far as I know but at Russell the other night to see Newton Hi play, some fellows were talking to me about Max and they said (one of them did)---Watch his heart and don't let him burn himself up now. Of course I have him examined at times and the local dock always says he is alright. I also looked thru your book, one of them, and did not locate anything particular on it. Max is strong and quite well all the time but plays very hard and I wanted to ask what amount of practice and play in basketball you think adviseable for him, or any average boy. What length schedule do you recommend for high school boys? Last year we had I think 29 which is too many but seven of them were in tourneys. This year we have I think sixteen, exclusive of tourneys. If boy is in good condition, do you think two games per week (Tues. & Fri.) are too much. We never have two together except in tournaments. Any suggestions you offer will be appreciated. Max is growing and has a time getting enough sleep. We feed him carefully and well and my wife has read all the diet tables and also has read your books on that sort of training and the Dr. here is giving him cod liver and vitamin tablets. Not that he is unhealthy, but to give him just what he needs.

After you were here I had intended clipping the notices from the various papers as to your speech at Osborne, but failed to do that to. Will still get at it, if you care for them. You had some very nice comments from various ones. Generally folks thot it was the best talk for the occasion we had had for a long time and they appreciated it. We usually have some very good, but dry and draggy.

Too, you wrote me some time back asking something as to Max and school, that is college, next year or whenever he gets ready to go. I judge that he will start next fall.

You asked as to finances, that is I judge you wondered whether he would have the cash to atart to college. Max has some money of his own and has worked hard for it. I do not know that he will spend it going to college. That may sound peculiar to you and what I mean is that money is hard to get around here now. Economically, our locality is as low as it has ever been.