

BOYS ...TEST YOUR ATHLETIC ABILITY

Compare it with what your friends can do

EVENT	1st Try	1 Mo. Later	2 Mos. Later	*Coach's Estimate
1 50 yd. Dash (boys under 16)				
2 100 yd. Dash.....				
3 Hop, step and jump.....				
4 Running high jump				
5 Running broad jump.....				
6 Standing broad jump				
7 Baseball throw				
8 Pull-Ups				
9 Rope climb				
10 Punt—Football				
11 Pass—Football				
12 Running bases				
13 Foul shooting				
14 Baseball throw and catch...				
15 Golf drive				

* Ask your coach what you should do.