

Certainly a coach should have the knowledge of training methods. The athletic coach spends months and years learning how to teach and coach athletics, and it is thinkable that he should know much about the intricate mechanical device of his human charges. In many cases this has been neglected, but it should not be.

Having trained these athletic trainers, it is my desire to give the coaches at the Iowa High School Athletic Association coaching school the benefit of my long experience in treating athletic injuries and emergencies. If there are any athletes in Iowa or that section of the country who have had long standing sprains or injuries from athletics, I would welcome them to the clinic and will be glad to attempt to reduce their injuries.

While at the Springfield, Mass., Y.M.C.A. College, where I taught for five summers, I made a similar offer to the athletes in the East. Eddie Shore, who played with the Boston Hockey Club, was injured and had retired from hockey on account of a bad knee. He told me after I had treated his knee and returned it to near normalcy he made forty thousand dollars playing hockey before he retired and went into the ownership of a hockey club.

Lyle, you can use any of this in any way you see fit. I would rather leave that to you and I would not care to make a statement, only you can quote me.

Now, by the way, I would like to have two tables, or at least one, anyway. I would want it about 20 inches wide and about 28 inches high. I would like it padded or upholstered enough so the individual lying on the smooth surface will not feel the hard top. For the head rest I would like to have about a 4 ^{foot} graduation upward starting 18 inches from the head of the table. I think you get the idea, do you not? Then I would like a small pillow so that the athlete lying there can be comfortable. The table should be 6 ft. 6 inches long. The legs could be made of 4 by 4 and braced in such a way that you would have a good firm table. If my description of the table is not sufficient, I will be glad to have you write me further.

Thanking you for your cooperation, I am

Sincerely yours,

Director of Physical Education,
Varsity Basketball Coach.

FCA:AH