

October 2, 1939.

Mr. C. E. McBride,
Sports Department,
The Kansas City Star,
Kansas City, Missouri.

Dear Mac:

I don't tell you often, but I enjoy very much your Sporting Comment. I think it is a fine thing that you are doing now - traveling from place to place and writing your opinion. It personalizes these things much more than for the local correspondent to say it, even though he might say some of the same things. You write it as an entirely unbiased and fair commentator who is writing sport for sport's sake as you see it. I think it is a fine contribution and I want you to know that I appreciate reading your comment.

By the way, Mac, I wrote to the Lang Foot and Arch Normalizer people and asked them to send you one of those arch rollers that I told you I had been using for nearly a month. It has really revolutionized the feeling in my feet. I wouldn't take \$50.00 for one if I couldn't get another. After playing eighteen holes of golf my feet used to be very tired, and although I like to play I was distressed at times with the feeling that caused my feet to ache terribly, and wondered if it would ever let up.

Now every morning and night I get on the roller and roll slowly back and forth, stretching the toes as far to the front as I can and then going back on the heels and stretching the back muscles of the leg as far as possible. I use a table or something to rest my hands on so as to get part of the weight off the feet and get the proper balance.

The curative part of this process is in the weight of your body coming down on this roller which presses the bones of the feet up into the normal arch that they are supposed to maintain. Now, let me caution you - at first when you get on it you will feel that you cannot stand it, it just hurts, that is all. But just stand on it a while, and remember that you are forcing the bones up to the place they belong. It will be only a few days or a week until all that soreness will disappear and you will enjoy, in fact, you will look forward to the time that you use this foot roller. It is the greatest thing that I have seen in a long time.