

May 27, 1940.

Mr. J. E. McFarland,
835 Kansas Avenue,
Topeka, Kansas.

Dear Jim:

I was glad to get your letter of the 23rd instant. When this foot and arch normalizer arrives let me know and I will come up and show you how I operate it with my feet. I have learned a good many wrinkles on this "do-dinkus", and I thoroughly believe it is the way the individual uses this normalizer that the maximum benefits are attained.

Every morning and night I use this, but as I roll my feet forward I wedge slightly to the side, allowing the weight of my body to assist in working the bones of the arches in their proper place.

The first day that you get on this machine you will declare that the pain in the soles of the feet is too much for you to stand, but as soon as you have used this a few times that tenderness will wear off and you will then become more enthusiastic about it. I think it is the greatest thing that I have ever experienced, and I know it will give you lots of relief.

By the way, this man Lang was a New York stock attorney and sold out before the crash in 1929. He then went down to Forsyth, Georgia, and bought several saddle horses, and because he had so much arch trouble he could not walk, so he rode a great deal. By having this arch trouble it caused him to work on some device by which he could build his arches up. That is how he developed this arch normalizer. I thought this angle might be interesting to you.

Sincerely yours,

Director of Physical Education and Recreation,
Varsity Basketball Coach.

FCA:AH